

## NONPROFIT RESOURCES

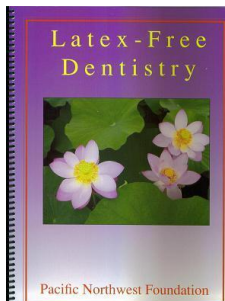
Shortly after its founding in 1988, the Foundation made a multi-year grant to and supplied key board leadership for a new nonprofit organization, Pacific Nonprofit Network. Based in Medford, Oregon, it successfully undertook providing grants information, board development, and training to individuals involved in nonprofit pursuits throughout the region of rural Oregon.

In retrospect, it was from this successful experience (combining the subsequent experiences of less successful startup efforts) that we reached several conclusions regarding essential elements to success. (Our definition of success is “no longer having to rely on us for support while the organization continues to pursue its mission.) They include:

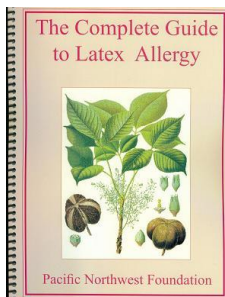
1. Multi-year grants (three to five years) of sufficient amounts to meet the organization's objectives;
2. Board leadership supplied by the grantee;
3. The approach must be like a partnership;
4. Grants made contingent upon the organization reaching mutually agreed upon objectives, particularly fundraising;
5. Grants on a declining annual basis, gradually eliminating long-term dependency;
6. Board training, evaluation and development; and
7. A long-term mutually agreed upon and regularly reviewed plan that is also used to



[Latex Allergy Resource Guide](#)



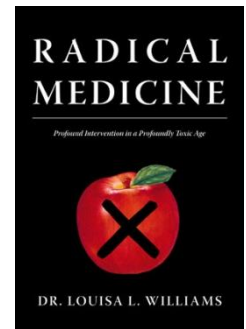
[Latex-Free Dentistry](#)



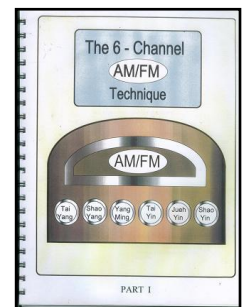
[Complete Guide to Latex Allergy](#)



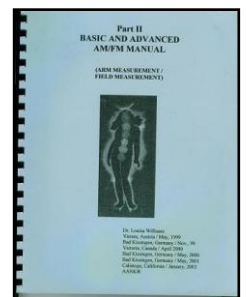
[Latex-Free First Aid Kit](#)



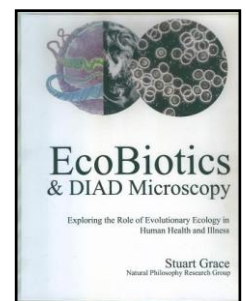
[Radical Medicine](#)



[The 6-Channel AM/FM Technique](#)



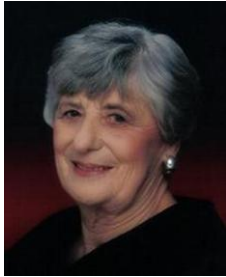
[Basic and Advanced AM/FM Manual](#)



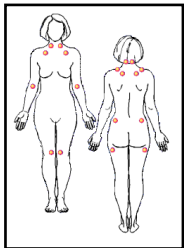
[EcoBiotics](#)



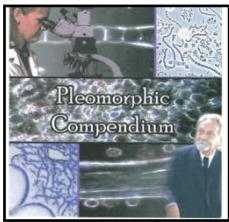
evaluate the organization's performance.



[Chelita: A Cancer Survivor' Story](#)



[Overcoming Fibromyalgia](#)



[Pleomorphic Compendium](#)



[T-shirt](#)

In the early 1990's, the Foundation initiated a project to stimulate foundations in Illinois to focus more attention on evaluating the performance of boards of directors, not only for grantees but their organizations as well. The project was terminated due to lack of both PNF resources and interest on the part of foundations in the area.

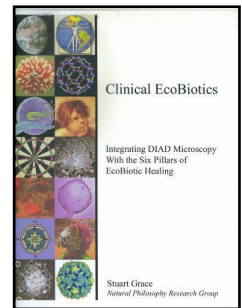
It was based on these two institutional experiences coupled with staff's more than four decades of combined expertise in the nonprofit field that in 1997 the Board determined to broaden the Foundation's outreach beyond grant-making. The focal point was the Web. And two specific subjects were the focus:

1. Evaluating the performance of nonprofit boards of directors; and
2. How individuals can effectively give money.

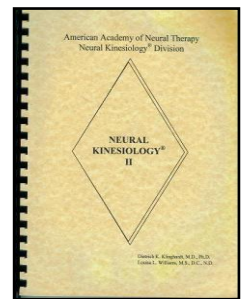
The reasons for selecting these two topics were manifold and included:

1. They were frequently overlooked;
2. Most others areas were receiving much more attention;
3. There were more resources on the Web regarding other areas;
4. Staff had been encouraged by other foundation managers to address these two areas; and
5. Staff had the expertise and knowledge.

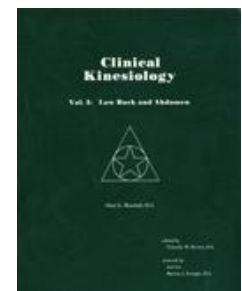
Also listed here are a variety of links to various other



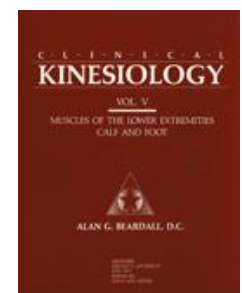
[Clinical EcoBiotics](#)



[Neural Kinesiology \(aka A.R.T.\)](#)



[Muscles of the Lower Back & Abdomen](#)



[Muscles of the Lower Extremities](#)

# PACIFIC NORTHWEST FOUNDATION

useful nonprofit resources.

## RESOURCES

NOTE: links listed below in the "General" or "Other" categories contain many, excellent, specific, and detailed references to many of the topics below.

### ACCOUNTING

- [Accounting Standards & Government Regulations For Non-Profits](#)

BOARD & STAFF (For information regarding board evaluations click here.)

- [Board Café - Free Nonprofit Newsletter](#)
- [BoardSource](#) (formerly the National Center For Nonprofit Boards)

### EVALUATION

- [Answer Center Program Evaluation](#)
- [Basic Guide to Program Evaluation](#)
- [Evaluation Activities in Organizations](#)

### FINANCIAL MANAGEMENT

- [Basic Guide to Non-Profit Financial Management](#)

### FOUNDATIONS

#### COMMUNITY

- [Community Foundations and Regional Funders](#)
- [Community Foundations of Canada](#)

#### CORPORATE

- [Corporate Philanthropy and Foundations](#)

#### OTHER

- [Amherst H. Wilder Foundation](#): an organization

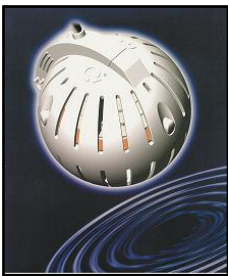
6312 SW Capitol Hwy # 271, Portland, OR 97239  
PHONE: 503-977-3226 FAX: 503-244-9946  
info@pnf.org \* http://www.pnf.org



[Coffee: To Drink, or Not to Drink?](#)



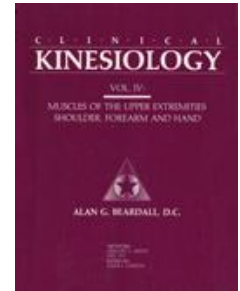
[Genetically Engineered Food](#)



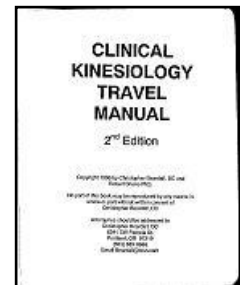
[Q2 B.E.F.E.](#)



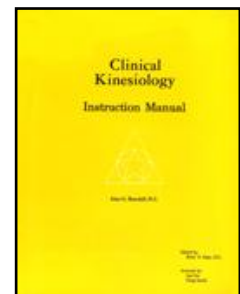
[Multiwave Oscillator](#)



[Clinical Kinesiology: Muscles of the Upper Extremities](#)



[Clinical Kinesiology Travel Manual](#)



[Clinical Kinesiology Instruction Manual](#)



[Clinical Kinesiology TMJ & Hyoid Muscles](#)

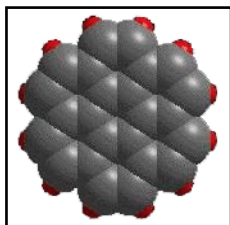
# PACIFIC NORTHWEST FOUNDATION



[Biomodulator](#)



[SCENAR](#)



[Toxicity Study](#)



[Our Toxic Times](#)



[TOXMAP](#)

by which all foundations should measure themselves

- [Association of Small Foundations](#)
- [Foundations and Grantmakers](#)
- [Foundations on Line](#)
- [The Foundation Center](#)

## FUNDRAISING

### CAPITAL CAMPAIGNS

- [Build Your Web Site Via A Capital Campaign](#)

## DIRECT MAIL

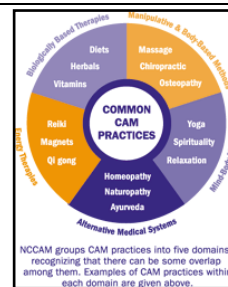
- [Chewing Direct Marketing Resource Center](#)
- [How should I use direct mail?](#)

## OTHER/GENERAL

- [FundRaisers.com Resources And Tools](#)
- [Fundrover.com](#) -- fundraising for the future
- [Nonprofit Fundraising and Grantwriting](#)
- [Nonprofit resource center](#) fundraising ideas, grant writing, start up tips

## GENERAL

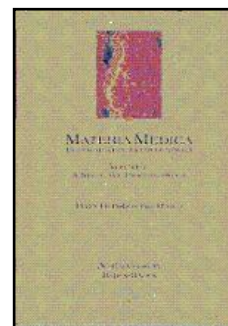
- [About.com Nonprofit Charitable Orgs](#)
- [Free Management Library for For-Profit and Nonprofit Organizations](#)
- [Google's Nonprofit Resources](#)
- [Helping.org America Unites](#)
- [IKNOW](#) - Interactive Knowledge for Nonprofits Worldwi
- [Internet Nonprofit Center](#): Information For and About Nonprofit Organizations, includes an excellent list of books on virtually all nonprofit subjects
- [Management Function of Organizing Overview of](#)



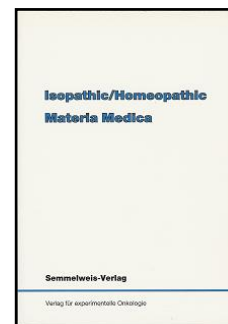
[NCCAM](#)



[Homotoxicology Materia Medica I](#)



[Homotoxicology Materia Medica II](#)

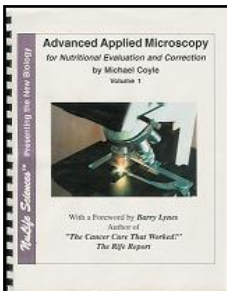


[Isopathic/ Homeopathic Materia Medica](#)

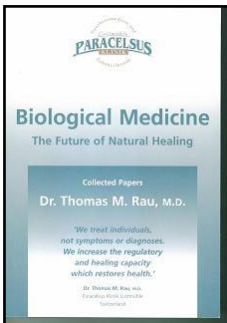
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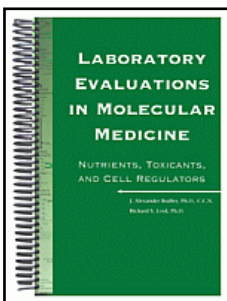
[My AminoPlex](#)



[Advanced Applied Microscopy](#)



[Biological Medicine](#)



[Laboratory Evaluations in Molecular Medicine](#)

- [Methods](#)
- [Minnesota Council of Nonprofits - Management Resources](#)--Outstanding
  - [Nonprofit Expert](#)
  - [Nonprofit GENIE](#)
  - [Nonprofit Management Tips](#)
  - [Nonprofit Online News](#)
  - [Nonprofit Virtual Library](#)-- Outstanding
  - [NonProfit Zone](#)
  - [Nuts & Bolts Publishing](#) - Non-Profit - Free Articles
  - [Philanthropy News Network Online](#)
  - [Principles & Practices for Nonprofit Excellence](#)
  - [Starting a Nonprofit Organization](#)
  - [The National Council of Nonprofit Associations](#)
  - [The Nonprofit Zone](#)
  - [The Peter F. Drucker Foundation for Nonprofit Management](#)
  - [The Nonprofit Resource Center](#)
  - [WWW Non-Profit Research](#)

## GRANT WRITING

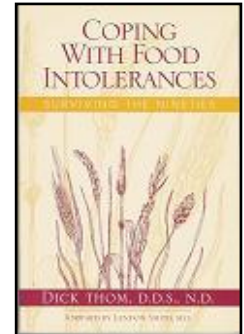
- [An Educator's Guide to Beginning Grant Writing](#)
- [Grant proposal writing](#)
- [Grant Writing Links](#)
- [Grantsmanship and Funding Newsletters](#)
- [Grantsmanship Techniques](#)
- [Grant Writing USA](#)
- [Proposal Writing](#)
- [The Grantsmanship Center](#)
- [Writing a Successful Grant Proposal](#)

## LEGAL

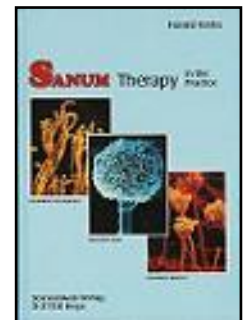
### [Nonprofit-Specific Legal Information](#)

## MANAGEMENT

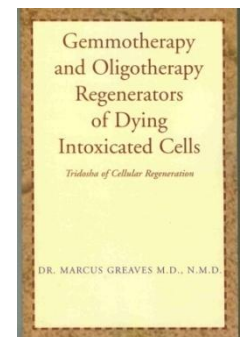
- [Basic Overview of Role of Chief Executive](#)
- [Free On-Line Nonprofit Organization and Management](#)
- [Human Resources Management](#)



[Coping with Food Intolerances](#)



[Sanum Therapy](#)



[Gemmotherapy and Oligotherapy Regenerators of Dying Intoxicated Cells](#)



## MARKETING & COMMUNICATIONS

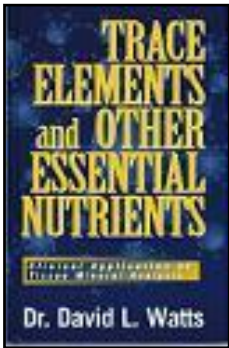
- [Framework for Basic Marketing and Promotions Plan for Nonprofit Organization](#)
- [Free Marketing Tips](#)
- [Join GB3 Group-Free newsletter](#)

## PLANNING

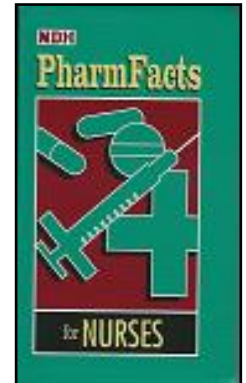
- [Management Function of Coordinating](#)
- [Planning in Organizations](#)
- [Strategic Planning Workbook for Nonprofit Organizations](#)

## VOLUNTEERISM

[Gates Foundation Resource List](#)



[Trace Elements and Other Essential Nutrients](#)



[PharmFacts for Nurses](#)