

## ORTHODONTICS FOR CHILDREN

Excerpted and reprinted with permission from [Jessica Saepoff, DDS](#). It was originally written by [LaVar Riniker, DDS](#), retired.

Can braces, extractions of teeth, chronic headaches, and back pain be prevented?

Through our experience in treating adults with head, neck, and jaw pain or dysfunction, we have learned that many of these disorders can be prevented in childhood.

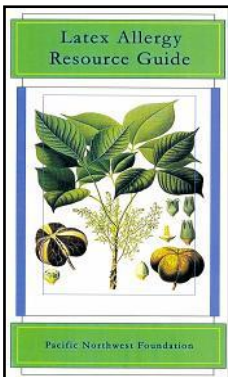
We offer nonextraction, nonsurgical, and nonbonding treatment techniques.

Our goal is to correct the cranial (head), cervical (neck) and mandibular (jaw) alignment as the child is growing and developing. Between the ages of 4 and 9 is the ideal time in the child's development, if intervention is necessary.

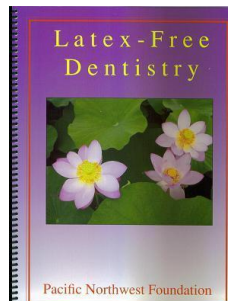
Our treatment includes composite buildups on the child's teeth to guide the permanent teeth as they grow into the correct position. These buildups are readily accepted by children, and cause no discomfort during chewing and speaking.

Additional therapy from an [osteopath](#), [chiropractor](#), physical therapist, or massage therapist is often necessary to help align the rest of the body.

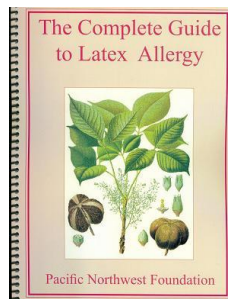
The proper alignment of the head, neck, and jaw can allow for better breathing patterns, open up the nasal cavities, and decrease sinus infections. It can also minimize the need for orthodontics, correct improper jaw relationships, prevent crooked or crowded teeth, and



[Latex Allergy Resource Guide](#)



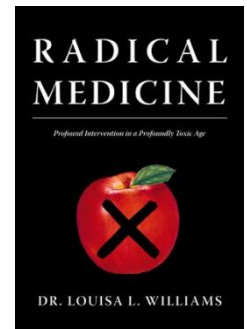
[Latex-Free Dentistry](#)



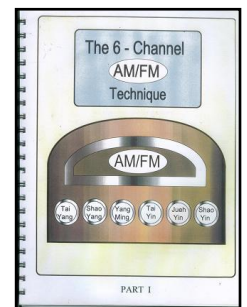
[Complete Guide to Latex Allergy](#)



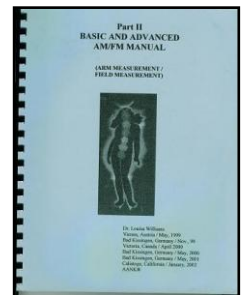
[Latex-Free First Aid Kit](#)



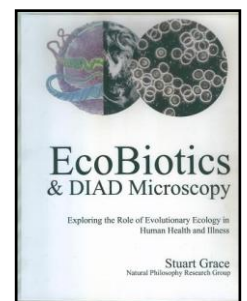
[Radical Medicine](#)



[The 6-Channel AM/FM Technique](#)



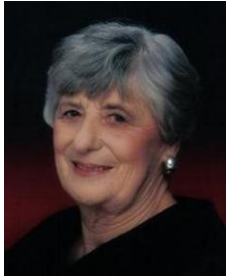
[Basic and Advanced AM/FM Manual](#)



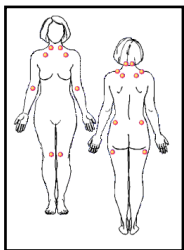
[EcoBiotics](#)

improve speech patterns and chewing techniques.

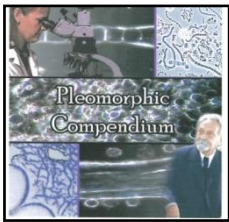
When treatment is completed and the buildups are removed, the child has a more ideal swallowing pattern, so the tongue acts as the ultimate retainer to maintain the improved bite relationship.



[Chelita: A Cancer Survivor' Story](#)



[Overcoming Fibromyalgia](#)



[Pleomorphic Compendium](#)



[T-shirt](#)

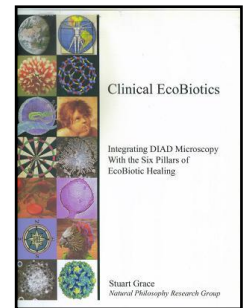
*The information contained herein has been obtained from a variety of sources. This document is presented to increase awareness of the topic and educate the general public. It is not intended to be an extensive discussion of this subject, or to provide specific treatment guidelines.*

## REFERENCES

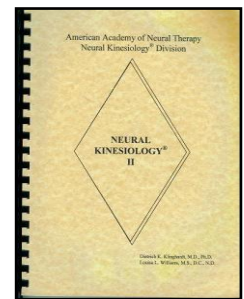
[Names of teeth](#): the names and numbers given to teeth in the Palmer Notation.

[Teeth to Body Chart](#): relation between specific teeth and joints, vertabrae, organs, endocrine glands, tissue systems, sense organs, and others.

[Tooth/Muscle Chart](#): relation between specific teeth and various muscles throughout the human body.



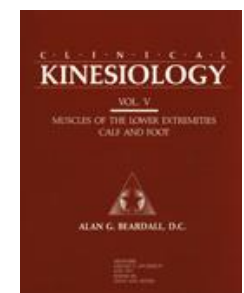
[Clinical EcoBiotics](#)



[Neural Kinesiology \(aka A.R.T.\)](#)



[Muscles of the Lower Back & Abdomen](#)



[Muscles of the Lower Extremities](#)