

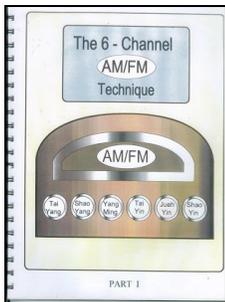
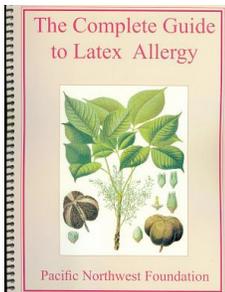
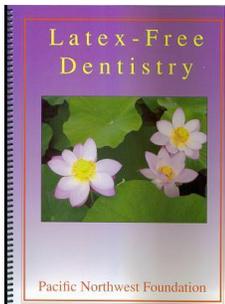


Anna's Case Update 2008 – March 2011

Note: the photos are fractals, by Robert Shane, of Anna taken during the months listed.

My most persistent and frustrating problem remains the 50-60 pounds of excess weight I have gained since post-chelation therapy in 2002. Unfortunately, it is not due to diet or exercise. I wish it were. It is not just vanity. The excess weight is very uncomfortable: my joints hurt and distended abdomen hurt. I feel bloated and frequently short of breath.

The other nagging problem is my bite. The palate on the left side of my mouth collapses frequently. I believe it is related to my neck, back and hip pain. When I push the palate into place, I can feel the adjustment from my neck to my hip.



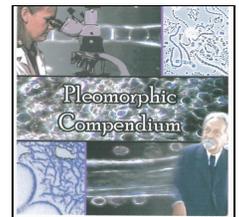
-2008-

January

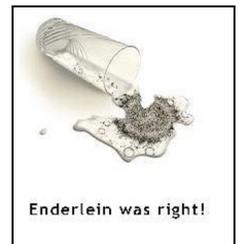


February

[Foundational Wellness Profile Report \(CellMate\)](#)



Pleomorphic Compendium

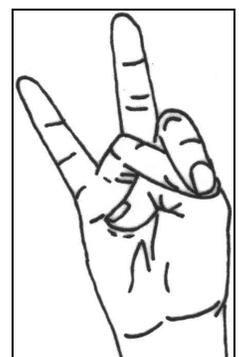
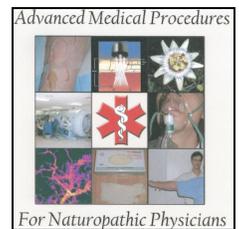


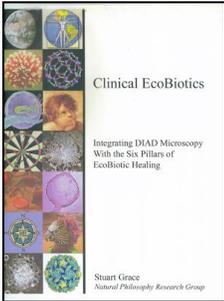
Enderlein was right!

T-shirt

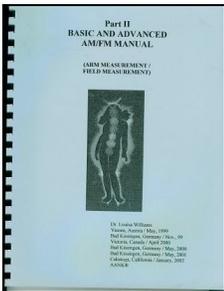


Latex-Free First Aid Kit





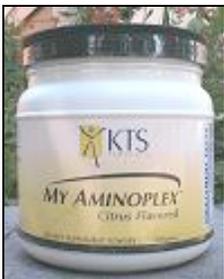
Clinical Ecobiotics



Basic and Advanced AM/FM Manual



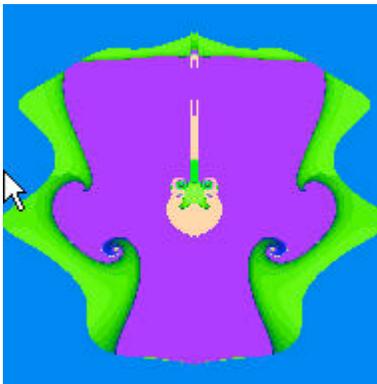
Q2 B.E.F.E.



April



June



[Hormone Panel \(LabCorp\)](#)

September

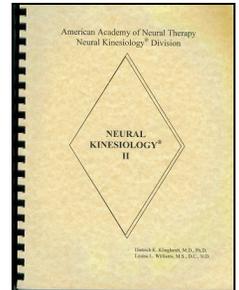
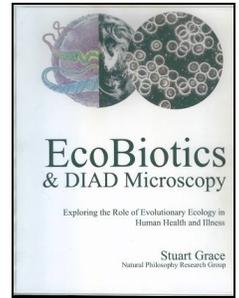
[Hormone Panel \(LabCorp\)](#)

[Latex \(Associated Regional & University Pathologists\)](#)

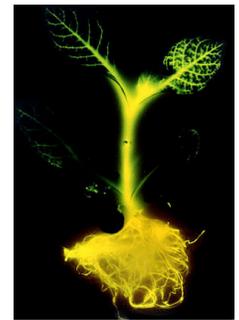
[Bone Density \(Legacy\)](#)

[Cholesterol Report](#)

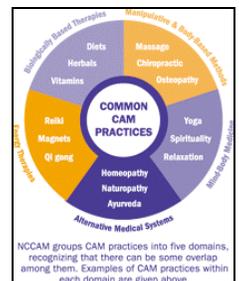
Clinical Kinesiology



Neural Kinesiology (aka A.R.T)



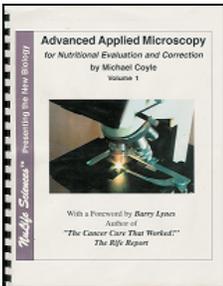
Genetically Engineered Food



National Center for Complementary and Alternative Medicine



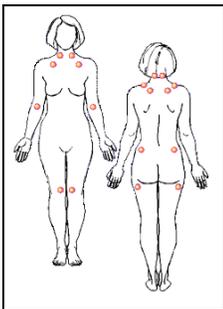
Multiwave Oscillator



Advanced Applied Microscopy

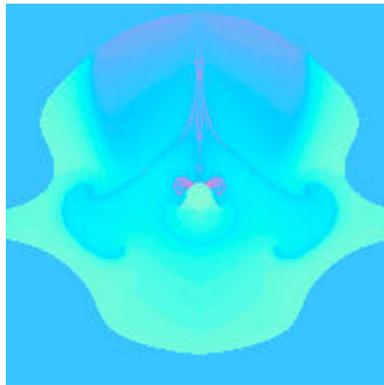


Chelita: A Cancer Survivor' Story

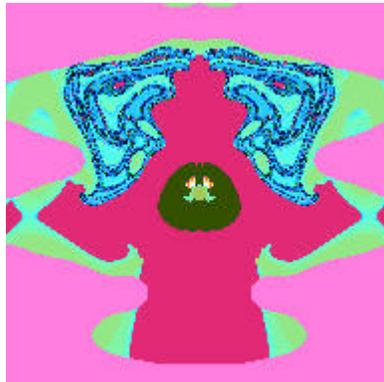


Fibromyalgia

November



December



- 2009 -

February

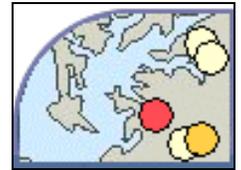
[CBC with Differential/Platelet \(LabCorp\)](#)

April

[Blood Test \(LabInterpretation LLC\)](#)

[Urine Organic Acid \(LabInterpretation LLC\)](#)

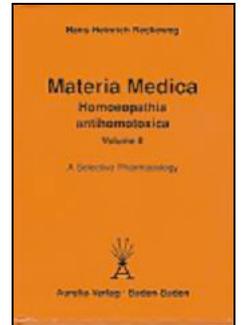
[Foundational Wellness Profile Report \(LabInterpretation LLC\)](#)



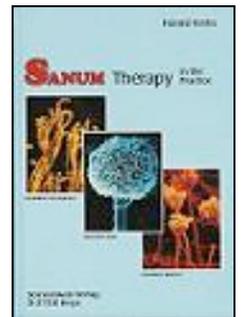
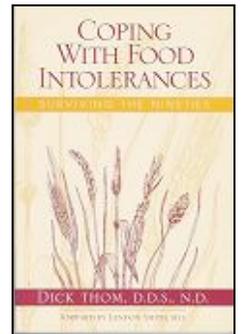
TOXMAP



SCENAR



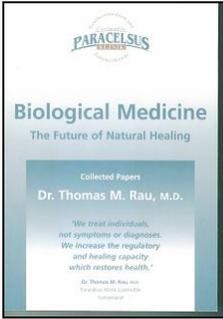
Homotoxicology
Materia Medica I



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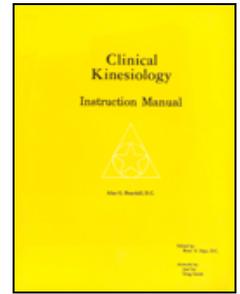
info@pnf.org * http://www.pnf.org



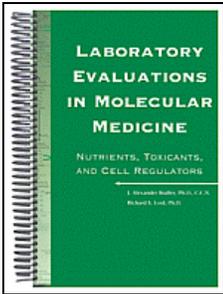
without having an allergic reaction. I have just concluded another college degree and was offered a job, which I accepted.

- 2010 -

Searching locally in the Portland area, I could not find a compounding pharmacy that would make the thyroid I needed. Fortunately, I was able to find one in Dallas, TX. Unfortunately, I regained the weight I had lost.



Clinical Kinesiology Instruction Manual



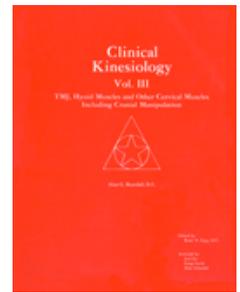
January

Hormone Panel (LabCorp)

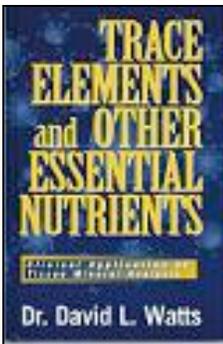
May

DEXA Scan

My bone density has greatly improved since my last test in 2008: a 15% improvement (from osteopenia to borderline low normal bone density) since starting OsteoBalance.

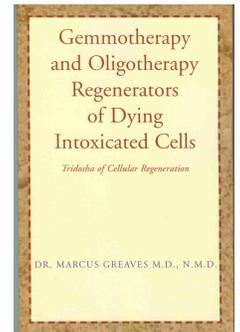


TMJ & Hyoid Muscles



MRI

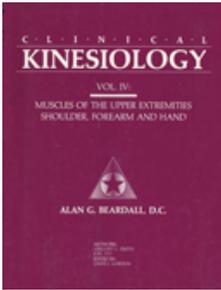
This test was due to my continuing potentially thyroid-related issues. On the one hand, it is reassuring that I do not have a thyroid or pituitary tumor. On the other hand, we are still puzzled about the cause(s) of my fluid retention, weight gain, etc.



By Dr. Marcus Greaves, M.D., N.M.D.

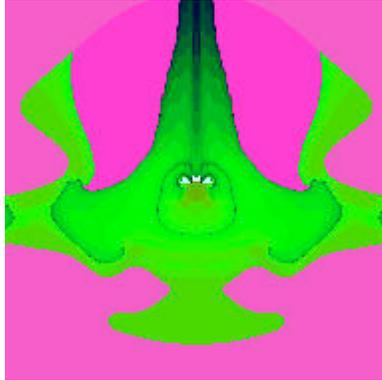


Based on the IGG Report of November 2009, I dramatically altered my diet. Beginning in January, I eliminated wheat, coffee, dairy andThree of the consequences for which I had hoped were weight loss, significant reduction in fluid retention, and decrease in abdominal distension. Unfortunately, none of those occurred. Perhaps these symptoms are from endocrine imbalance and/or toxicity.



Muscles of the
Upper Extremities

June

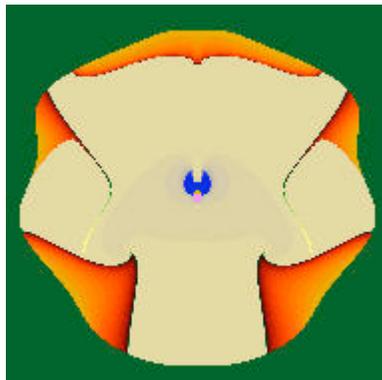


July

[Hair Analysis \(Doctor's Data\)](#)

I had an informative and lengthy consultation with Alan Greenberg, MD, the developer of Chelorex. Among the many issues we discussed, he said that he had lost all of his excess weight by eliminating heavy metals, mercury in particular. He suggested that perhaps that is my problem, recalling that my weight gain began after I had taken remedies to remove heavy metal toxins from across the blood/brain barrier in 2002.

September

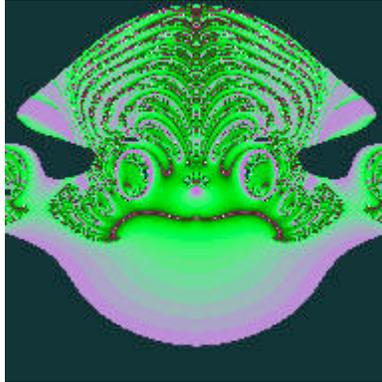


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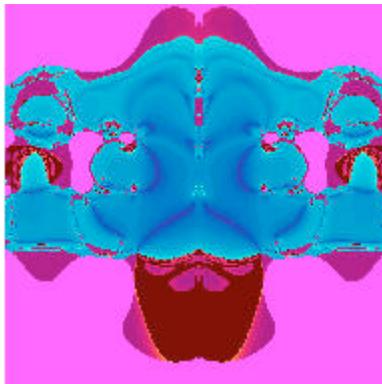
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November



December



- 2011 -

January

Great news, my toxicity level has decreased from 79% (April, 2009 urine organic acid) to 34% (January, 2011 urine organic acid). At work, I am walking 36 flights of stairs daily to try to get into some semblance of shape.

March

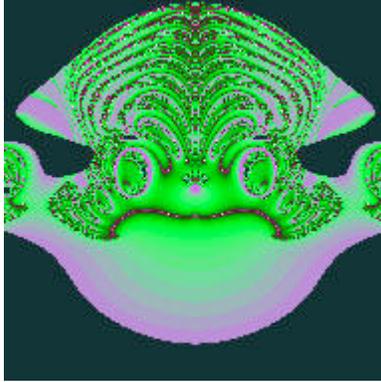
I have been having allergic reactions (throat and lips swelling, hives, wheezing) to Buffered Ascorbic Acid, which is very troubling because it is in my compounded thyroid. NAET has helped alleviate the symptoms. But I am going to try the thyroid compounded with sodium bicarbonate to see if I will not have any allergic symptoms.

I have appreciably reduced my Estradiol and Progesterone.

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Symptoms

Daily

- Edema/Fluid retention
- Headache
- Muscle/joint pain
- Shortness of Breath

Nightly

- Burning Feet
- Eye Pain
- Headache

Periodically

- Fatigue
- Dizziness/Nausea
- Eye pain—"gravel in eye," burning, itching
- Insomnia
- Liver discomfort
- Lymph node swelling
- Rashes-extremities, feet
- Sinusitis-sinus drainage
- Teeth/Jaw pain

Remedies

During this timeframe, I have continued to take a variety of remedies particularly from Sanum Kehlbeck, Heel, Pure

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Encapsulations, KTS, and Science Formulas.

The information contained herein has been obtained from a variety of sources. This document is presented to increase awareness of the topic and educate the general public. It is not intended to be an extensive discussion of this subject, or to provide specific treatment guidelines.