

PACIFIC NORTHWEST FOUNDATION

ANNA'S FIFTH PROGRESS REPORT January 2000 through June 2000

SUBJECTS COVERED:

January

- Neural therapy

February

- Neural therapy
- Acupuncture
- EMG scan
- Naturopathy

March

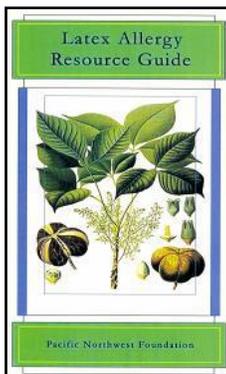
- Neural therapy
- Acupuncture
- BEST treatment
- Epsom salt bath

April

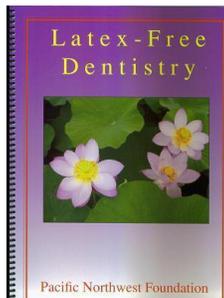
- BEST treatment
- Temporary bridge repair
- Metabolic shift
- Acupuncture treatments
- Cilantro

May

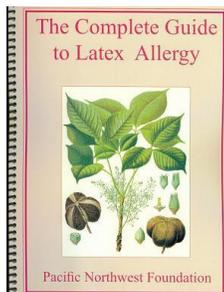
- Detoxification with Cilantro
- Latex exposure
- Sanums
- Neural therapy
- Naturopathy
- Emotional release
- Detox baths
- BEST Treatment



[Latex Allergy
Resource Guide](#)



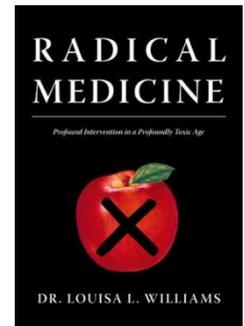
[Latex-Free Dentistry](#)



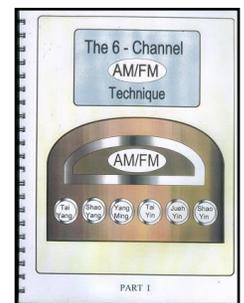
[Complete Guide to
Latex Allergy](#)



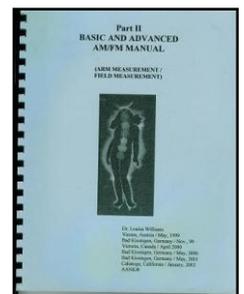
[Latex-Free
First Aid Kit](#)



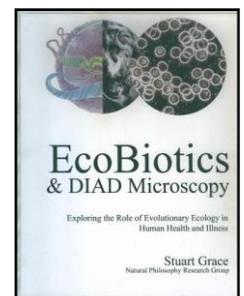
[Radical Medicine](#)



[The 6-Channel AM/FM
Technique](#)



[Basic and
Advanced AM/FM
Manual](#)

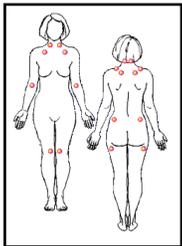


[EcoBiotics](#)

June



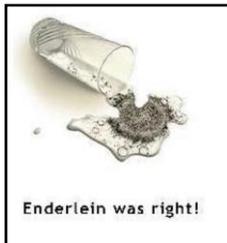
[Chelita: A Cancer Survivor' Story](#)



[Overcoming Fibromyalgia](#)



[Pleomorphic Compendium](#)



[T-shirt](#)

- NAET
- CellMate Blood & Wellness Tests
- Yellow-gray skin color
- BioMeridian MSA test
- DMPS/DMSO/Lidocaine swabs
- BEST treatment

Symptoms

- Daily
- Nightly
- Periodically

Remedies

- Flower essences
- Herbs
- Homeopathics
- Isopathics
- Vitamins & Minerals

References

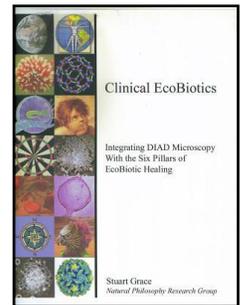
During January to June 2000, I visited these healthcare providers including a doctor, dentist, medical intuitive, and acupuncturist.

January 2000

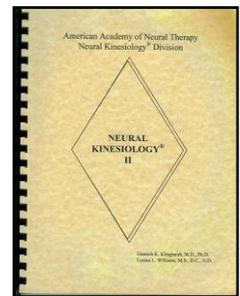
My 26th month of alternative care began with neural therapy done to the scars in my mouth from the 11 previous surgeries, hysterectomy scar, sinus points, and a scar on my upper left thigh.

February 2000

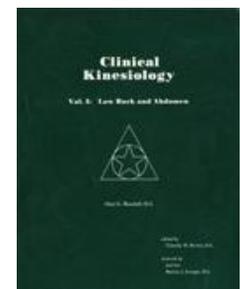
I had neural therapy done to the sinus points, and scars on the left side of nose, lower lip and left breast. I visited a chiropractor and I had and [EMG scan](#), which indicated general improvement in my spinal column compared to



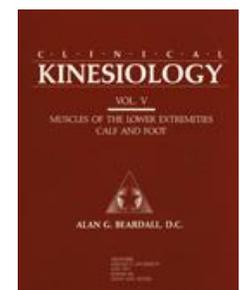
[Clinical EcoBiotics](#)



[Neural Kinesiology \(aka A.R.T.\)](#)



[Muscles of the Lower Back & Abdomen](#)

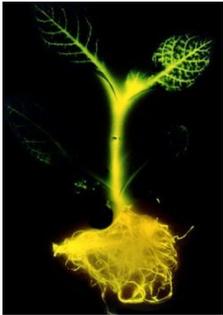


[Muscles of the Lower Extremities](#)

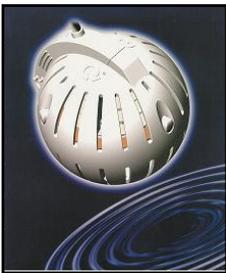
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[Coffee: To Drink, or Not to Drink?](#)



[Genetically Engineered Food](#)



[Q2 B.E.F.E.](#)



[Multiwave Oscillator](#)

the September 1998 baseline.

March 2000

I had additional [neural therapy](#) to the [Crown of Thorns](#), left and right kidneys, a [lipoma](#) on my back, the left [cervical node](#), the [vagus nerve](#), [sympathetic back ganglia](#), and sinus points. I experienced increased sinus drainage for one week and increased fluid retention of about 6-8lbs.

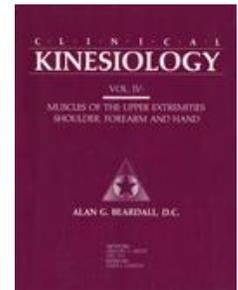
I received a Bio Energetic Synchronization Technique ([BEST](#)) treatment for [potassium](#). That night experienced increased [detoxification](#) symptoms as well as headache, nausea, and random leg movements. After one of my detox baths ([Epsom Salt](#)), I smelled strongly of the superfund site and had a rash over the lower torso. I awakened during the night with golf-ball sized lymph node, wheezing and lip swelling.

After an [acupuncture](#) treatment later in March, I had a swollen lip, golf-ball sized [lymph node](#), brain fog, wheezing, and skin odor like cigarettes.

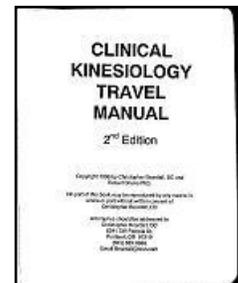
April 2000

For my 29th month since beginning alternative care, I am still experiencing sinus drainage, brain fog, detox body heat, lip herpes, and burning feet. At the beginning of the month had a BEST treatment for Chloride, after which I developed a headache and chest wall discomfort. After the repair of a temporary bridge, I experienced more fatigue and brain fog. I met with another care provider and received [neural therapy](#) to the [Frankenhauser ganglia](#).

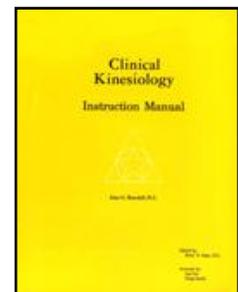
I had an [acupuncture](#) treatment focusing mainly on the stomach area, and afterward I developed some nausea afterward along with liver and kidney pain over the next four days. The brain fog seems to be slowly improving. Towards the middle of the month I experienced periodic kidney pain, and brain fog, headache, hysterectomy incision pain, increased detox body flashes, fatigue, nausea, decreased appetite, and a rash spreading to the



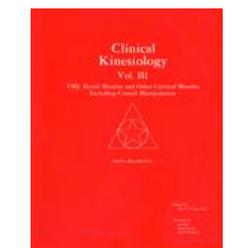
[Clinical Kinesiology: Muscles of the Upper Extremities](#)



[Clinical Kinesiology Travel Manual](#)



[Clinical Kinesiology Instruction Manual](#)



[Clinical Kinesiology TMJ & Hyoid Muscles](#)

PACIFIC NORTHWEST FOUNDATION

lower legs.

Following another [acupuncture](#) treatment I sensed a metabolic shift: experiencing nausea, headache, mild liver and kidney pain, with increased detox body heat flashes. I received a [BEST](#) treatment for [white blood cells](#), after which I felt right kidney pain, headache, fatigue, brain fog, and experienced difficulty sleeping for several days.

At the end of the month I had another acupuncture treatment for liver and kidney strengthening, after which I experienced an increase in detox body sweats, and throat tightness. After restarting [Cilantro](#), I had a burning bone sensation and the onset of sinus drainage.

May 2000

I continued taking various doses of [Cilantro](#) that resulted in an increase of detoxification symptoms: ring around lips, lip swelling, throat tightness, leg bone burning sensation, and increased sinus drainage.

I encountered a latex exposure in a medical office without much difficulty. I experienced slight throat tightness with slight voice change. The thought came to me it might be more of an emotional reaction than physical. I experienced continued kidney pain, fatigue, and headache. Subsequent to [neural therapy](#) to the right kidney, I had a lacy "amalgam" rash from the waist down. I restarted Echinacea, and the [Sanum remedies](#) Albicans and Latinsen. The rash was less prominent, although I am still experiencing fatigue, headache, and nausea in the morning, as well as increased detox body flashes, mild kidney pain, and fatigue throughout the day. After adding [Cilantro](#) again, I experienced throat swelling and pain, increased drainage, burning sensation of feet and lower extremity long bones and stabbing eye pain.

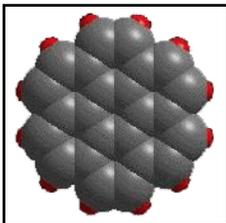
After another [BEST](#) treatment for 18:1 DMA, I experienced an emotional release and minimal to moderate kidney pain, liver pain, moderate headache,



[Biomodulator](#)



[SCENAR](#)



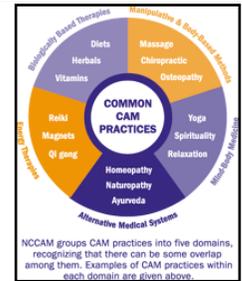
[Toxicity Study](#)



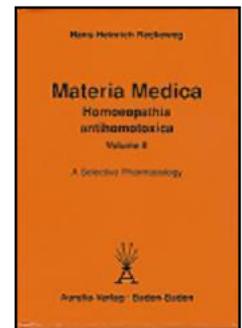
[Our Toxic Times](#)



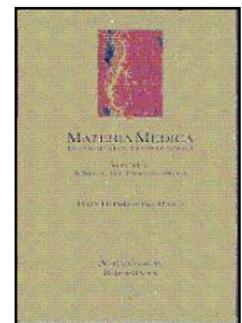
[TOXMAP](#)



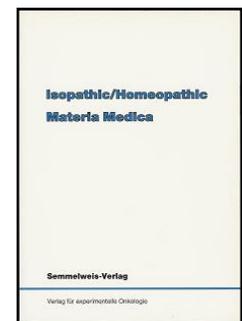
[NCCAM](#)



[Homotoxicology](#)
[Materia Medica I](#)



[Homotoxicology](#)
[Materia Medica II](#)

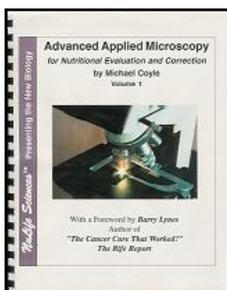


[Isopathic/](#)
[Homeopathic](#)
[Materia Medica](#)

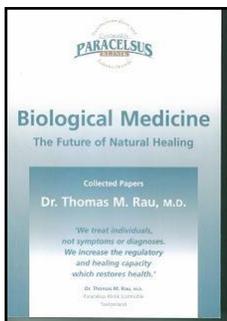
PACIFIC NORTHWEST FOUNDATION



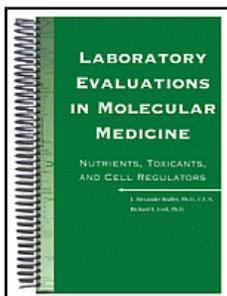
[My AminoPlex](#)



[Advanced Applied Microscopy](#)



[Biological Medicine](#)



[Laboratory Evaluations in Molecular Medicine](#)

swollen lymph glands with increased fatigue. After an Epsom Salt detox bath, the lacy body rash was more noticeable on the lower trunk and lower extremities.

June 2000

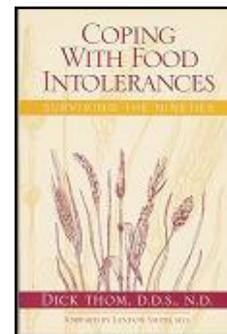
I marked the beginning of the 31st month of alternative care by meeting with a doctor who reviewed the [CellMate](#) Blood Test and Wellness Profile taken earlier in June. I received [NAET](#) for [B-Complex](#) and each B-vitamin separately, also for the deficiencies and the excesses indicated in the [amino acids](#) from the [BEST](#) analysis and then for the [fatty acids](#) as indicated by the [CellMate](#) Blood Test.

I received [neural therapy](#) to my abdominal surgical scar and to scars on left index finger, and to the left and right [cervical lymph nodes](#). Afterward, I noticed an improvement in sinus drainage, lost six pounds, skin color turned yellow-gray, and I experienced an increase in energy. Developed a severe headache so stopped taking [Progesteronum](#) and [Black Cohosh](#) for 3 days.

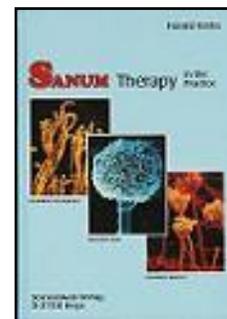
I had another [BioMeridian MSA](#) test, which showed the worst report since initiating treatments in December 1999. Consequently, did not begin Gut Associated Lymphoid Tissue ([GALT](#)) treatments and had acupuncture with moxibustion instead. I experienced an [amalgam](#) body rash, jaw and teeth pain, sinus congestion, with an episode of atypical chest wall discomfort, urgency with urination and jumpy legs. Later in the month at another visit, I was able to receive a [BEST](#) treatment for blood, [T-cells](#), [hypothalamus](#), [kidney](#), all organs, [latex accelerators](#), and [glomerulus](#).

I am tolerating the [DMPS/DMSO/Lidocaine](#) swabs fairly well. I received [neural therapy](#) to the umbilical scar and right kidney and restarted the [Sanums](#) Notakel and Recarcin, with some fatigue post treatment. The following day I experienced waves of fatigue, some chest wall discomfort, and chills in the evening, lip swelling, and throat tightness.

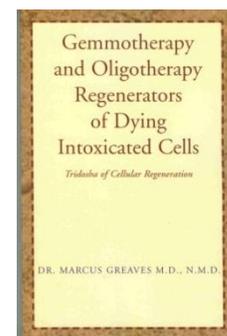
Symptoms:



[Coping with Food Intolerances](#)



[Sanum Therapy](#)



[Gemmotherapy and Oligotherapy Regenerators of Dying Intoxicated Cells](#)

Daily

Upon awakening (usually gone by midmorning):

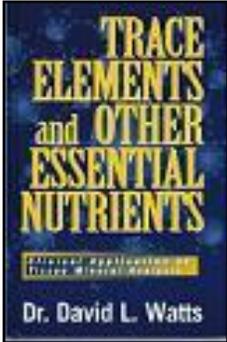
- [Liver](#) and [kidney](#) pain
- Nausea
- Headache
- Chills
- Fluid retention
- Facial swelling
- [Cervical lymph node](#) swelling
- Auxiliary temperature AM range: 96.9-98.4 degrees (underarm temperature test for [hypothyroidism](#))

Nightly

- Auxiliary temperature PM range:
- Using dental appliance made of [Diamond Crown](#) to help maintain mouth
- Neck traction after self-manipulation of bones in the roof of my mouth
- Gain and lose three-10 pounds

Periodically

<ul style="list-style-type: none"> • Increase in lip tingling, swelling, and numbness especially after eating or after any exertion • Increasing energy level • Lacy rash on lower extremities and neck • Flakiness of my eyelids--a symptom of a backup of toxins • Leg jerking for several hours during the night on a day that I had acupuncture • Fatigue • Slight facial swelling 	<ul style="list-style-type: none"> • Neck, shoulder and low back pain-bite too high on left hitting on left inner bicuspid first contact -- When bite evenly little or no pain • Gradual diminution of morning nausea, kidney and chest discomfort, but it continues • Sinus drainage and congestion • Lip swelling • Body sweats particularly at night • Difficulty sleeping
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[Trace Elements and Other Essential Nutrients](#)



[PharmFacts for Nurses](#)



Remedies: Listed below are the various remedies I take each day in various forms.

<p><u>Flower Essences</u></p> <ul style="list-style-type: none"> • Ambassador • Hyssop • <u>Orange Ruffles</u> • <u>Peace</u> (Perelandra) • Sonia (Perelandra) • Sweet Bell Pepper (Perelandra) • <u>Vetivert</u> <p><u>Herbs</u></p> <ul style="list-style-type: none"> • Angelica (A.archangelica) • Black Cohosh • Blue Verrain (Verbena Hastata) • <u>Damiana</u> (Tunera diffusa) • <u>False Solomon's Seal</u> • <u>Fireweed</u> • <u>Glacier Lily</u> • <u>Horsetail</u> • <u>Mullein</u> • <u>Nettles</u> • <u>Peppermint</u> • Skullcap (Scutellaria laterifolora) <p><u>Homeopathics</u></p> <ul style="list-style-type: none"> • <u>Itires</u> • Luteinum (<u>Unda</u>) • Progesteronum (<u>Unda</u>) • Thyroidium (<u>Unda</u>) • <u>Toxex</u> <p><u>Isopathics</u></p> <ul style="list-style-type: none"> • Aesculus • Bucco • Magnesium Gluconium • Ricera • <u>Sanums</u> 	<p>Pharmaceuticals</p> <ul style="list-style-type: none"> • <u>Benadryl</u> (liquid and pill) <p><u>Vitamins & Minerals</u></p> <ul style="list-style-type: none"> • <u>B-5 Pantethine</u> • <u>B-6</u> • <u>B-12</u> • BetaPlex • Buffered Vitamin C • CoQ10 • <u>Coral Calcium</u> • <u>Echinacea</u> • <u>Evening Primrose Oil</u> • <u>Flax Seed Oil</u> • <u>Folate</u> • Iodine (Marco Pharma) • Lacto-S-Plus • MSPD Periodontal Complex • <u>Peltier Water</u> • <u>Selenium</u> • <u>Vitamin E</u> <p>Other</p> <ul style="list-style-type: none"> • Drink 8-12 cups of filtered water • Diet: 30% protein, 30% fat, 40% CHO • <u>Sonicare</u> Toothbrush • Exercise • Walk • Detox baths: Baking Soda alternating Epsom Salt • <u>BHI Allergy</u> • Aesculus (Marco Pharma) • Bucco (Marco Pharma) • Lappa (Marco Pharma)
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The information contained herein has been obtained from a variety of sources. This document is presented to increase awareness of the topic and educate the general public. It is not intended to be an extensive discussion of this subject, or to provide specific treatment guidelines.