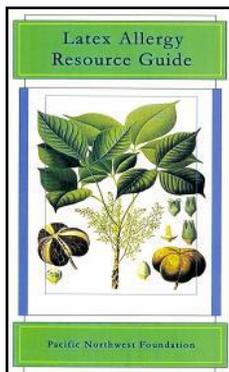
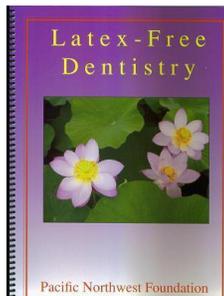


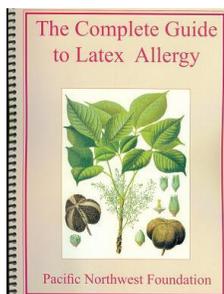
# PACIFIC NORTHWEST FOUNDATION



[Latex Allergy Resource Guide](#)



[Latex-Free Dentistry](#)



[Complete Guide to Latex Allergy](#)



[Latex-Free First Aid Kit](#)

## ANNA'S FOURTH PROGRESS REPORT July 1999 through December 1999

### SUBJECTS COVERED:

#### July

- Chiropractic-EMG
- Thermography
- TMJ
- Heavy Metal Toxicity
- Solvent Toxicity

#### August

- Medical Intuitive
- No Longer Latex Allergic

#### September

- TMJ adjustment
- Solvent toxicity—Polycyclic Aromatic Hydrocarbons (PAH)
- Treatment protocols

#### October

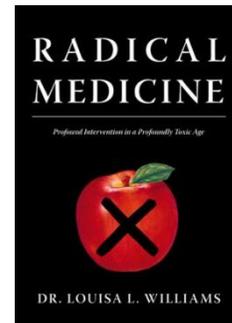
- Holistic Dentistry
- TMJ rebalance

#### November

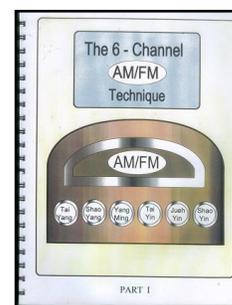
- Neural Therapy
- Naturopathy

#### December

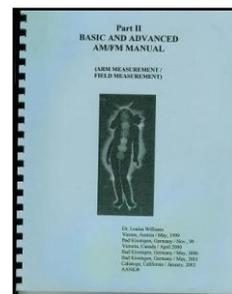
- BioMeridian Stress Assessment (MSA)
- BEST treatments
- Neural Therapy



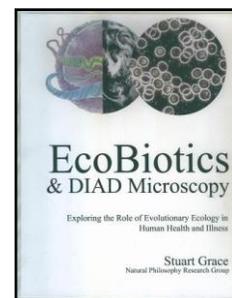
[Radical Medicine](#)



[The 6-Channel AM/FM Technique](#)



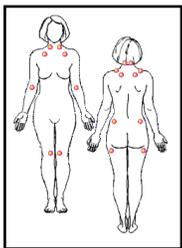
[Basic and Advanced AM/FM Manual](#)



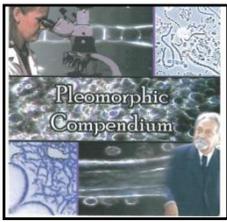
[EcoBiotics](#)



[Chelita: A Cancer Survivor' Story](#)



[Overcoming Fibromyalgia](#)



[Pleomorphic Compendium](#)



[T-shirt](#)

## Symptoms

- Every Morning
- Nightly
- Periodically

## Remedies

## References

Visits to healthcare providers included a doctor, dentist, medical intuitive, and acupuncturist.

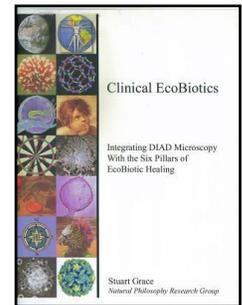
## July 1999

This, my 19th month since starting alternative care, my chiropractic update shows much improvement. The [chiropractic static report](#) (EMG) was much more balanced, with less areas of the spine involved, and much more symmetrical. The [thermal report](#) shows the following abnormalities in the following vertebrae with corresponding nerve and [dermatome](#) and the structures that they supply:

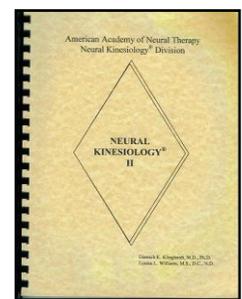
- [C3](#)--cheeks, outer ear, face, bones, teeth, trifacial nerve
- [C4](#)--nose, lips, mouth, [Eustachian tube](#)
- [C5](#)--vocal cords, neck glands, [pharynx](#)
- [C7](#)--[thyroid gland](#), [bursae](#) in shoulders, elbows
- [T10](#)--kidneys

I had an appointment with a dentist for [rebalancing](#). Approximately 70% of my [mandibular condyles](#) are destroyed so I am careful not to have my mouth open too wide because the jaw may jam and I wouldn't be able to close my mouth. So the goal is to try to get into a position of muscular balance, because since I have had so much done, I really have no guidance in what is normal for me. The goal is to open my mouth sufficiently to function well and that is why we have been doing all the structural work and rebalancing.

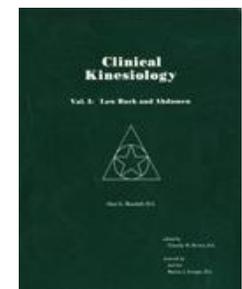
At my next appointment with a doctor the testing



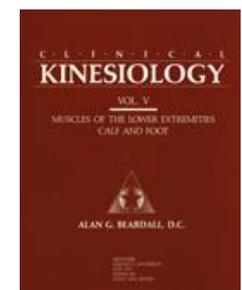
[Clinical EcoBiotics](#)



[Neural Kinesiology \(aka A.R.T.\)](#)



[Muscles of the Lower Back & Abdomen](#)

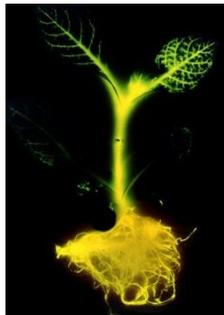


[Muscles of the Lower Extremities](#)

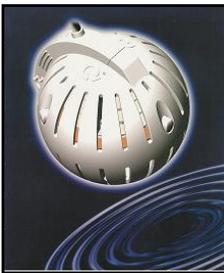
# PACIFIC NORTHWEST FOUNDATION



[Coffee: To Drink, or Not to Drink?](#)



[Genetically Engineered Food](#)



[Q2 B.E.F.E.](#)



[Multiwave Oscillator](#)

concluded that the following organs are affected by heavy metal [toxicity](#)—[Hypothalamus](#), Throat, [Maxillary Sinus](#), [Pituitary](#), [Adrenals](#), Right [kidney](#), “[ovaries](#)” ([mesenteric](#) area where they were), and [Liver](#). The following areas were testing as being affected by solvent [toxicity](#)—[Brain stem](#), [Pituitary](#), [Thyroid](#), [Heart](#), [Liver](#), and [Adrenals](#). The doctor prescribed specific detoxification protocols to address these issues and areas.

## August 1999

I spent time with a medical intuitive. and was able to reduce the amount of remedies I was taking and the frequency of visits for [acupuncture](#) and [chiropractic](#) work. I was also able to increase the amounts of remedies and/or ability to directly take instead of just holding the substance in my field.

On August 16, 1999 the intuitive informed me that I was no longer allergic to latex.

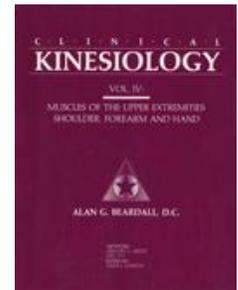
I ate at a restaurant where the food had been touched with latex gloves and had no reaction. I am tolerating latex elastic in my undergarments and am not bringing my epi-pen on walks anymore. I am eating out with latex exposure in foods and the environment without problems.

I am still self-manipulating the bones in my mouth, and adjusting my neck and spine nightly.

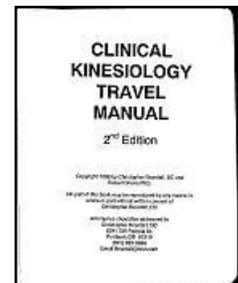
## September 1999

Marking my 22nd month of alternative care, my dental appointment, we only had to do [pulsing](#) and an internal oral adjustment.

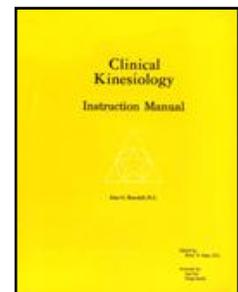
At this time my breath and skin smells like that of three-pack a day cigarette smoker. I don't smoke cigarettes and never have. This is a result of moving Polycyclic Aromatic Hydrocarbons (PAH's) out of my system. I reviewed associated PAH's effect on the blood, based on an August 1998 blood test in order for the [Bio Energetic Synchronization Technique](#) (BEST)



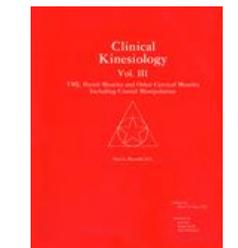
[Clinical Kinesiology: Muscles of the Upper Extremities](#)



[Clinical Kinesiology Travel Manual](#)



[Clinical Kinesiology Instruction Manual](#)



[Clinical Kinesiology TMJ & Hyoid Muscles](#)

# PACIFIC NORTHWEST FOUNDATION

treatments to focus on each specific factor.

October 1999

I saw a dentist for a [rebalance](#) and to take impressions and to plan for permanent restorations.

November 1999

I had [neural therapy](#) treatment to the biopsy scar on my right breast and the [hysterectomy scar](#).

December 1999

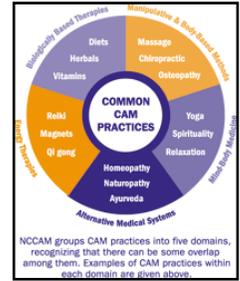
For my 25th month of alternative care, my visit with a practitioner began a schedule to address blood imbalances, particularly [fatty acids](#), and PAH's using [BioMeridian Stress Assessment](#) (MSA) and [BEST](#). The panels were to be corrected in the following order:

- Neurochemical Stability (18:1 DMA) ([Folate](#))
- [Hepatic Function](#) ([Hexacosanoic Acid](#))
- [Prostaglandin](#) Block (C: 16)
- [Monounsaturated](#) ([Nervonic Acid](#)) ([Folate](#))

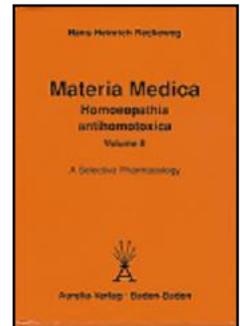
I was treated for [lymphocytes](#) on December 17 and within 24 hours I was unable to swallow; my [cervical lymph nodes](#) were very swollen and tender. I also had mouth and nasal sores that lasted approximately 24-48 hours. Typically I experience kidney and liver discomfort post treatment and my skin turns yellow. This time I also experienced joint pain in my right hand and stabbing pain to my right eye. Usually, detoxification symptoms of sudden body heat are more frequent post treatment. The symptoms are similar to a cold but I don't have a cold. The increase in detoxification symptoms of body heat is due to detoxing amalgam and PAH's out of my system. The stabbing pain and joint pain is usually due to amalgam detoxification.

At my next doctor's appointment, neural therapy was performed to sinus points and liver area.

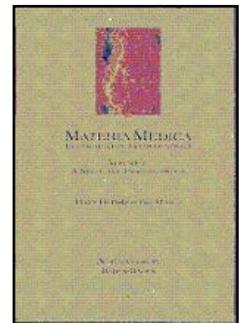
Symptoms:



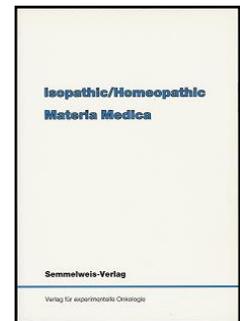
[NCCAM](#)



[Homotoxicology](#)  
[Materia Medica I](#)



[Homotoxicology](#)  
[Materia Medica II](#)



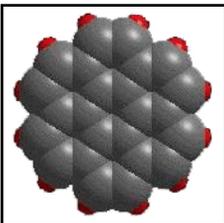
[Isopathic/](#)  
[Homeopathic](#)  
[Materia Medica](#)



[Biomodulator](#)



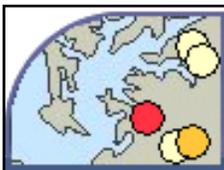
[SCENAR](#)



[Toxicity Study](#)



[Our Toxic Times](#)

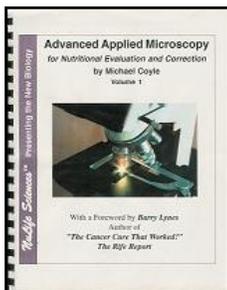


[TOXMAP](#)

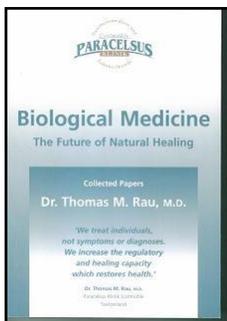
# PACIFIC NORTHWEST FOUNDATION



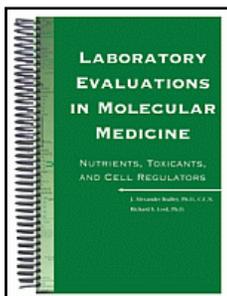
[My AminoPlex](#)



[Advanced Applied Microscopy](#)



[Biological Medicine](#)



[Laboratory Evaluations in Molecular Medicine](#)

## Daily

Upon awakening (usually gone by midmorning)

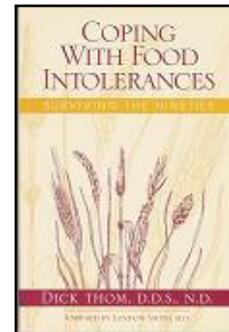
- Liver and kidney pain
- Fluid retention
- Nausea
- Chills
- Headache
- Face swelling
- Diarrhea
- [Cervical lymph node](#) swelling
- Auxiliary temperatures AM range: 96.9-98.4 degrees (underarm temperature test for [hypothyroidism](#))

## Nightly

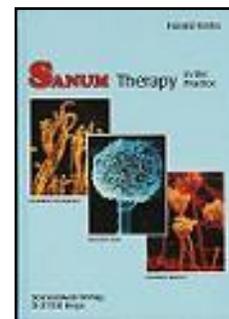
- Using dental appliance made of [Diamond Crown](#) to help maintain mouth
- Neck traction after self-manipulation of bones in mouth
- Gain and/or lose three -10 pounds

## Periodically

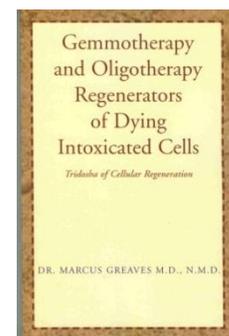
- |  |  |
|--|--|
| <ul style="list-style-type: none"> <li>• Some muscle spasms all along spine and neck</li> <li>• Lie awake for hours at times before falling asleep</li> <li>• Rash on feet, ankles, lower legs and right wrist is better</li> <li>• Reoccurring amalgam rash (lacey in appearance)</li> <li>• My breath and skin smells like that of 3 pack/day cigarette</li> </ul> | <ul style="list-style-type: none"> <li>• Flakiness of my eyelids-- backup of toxins</li> <li>• Waves of nausea, dizziness, palpitations</li> <li>• Fatigue, brain "fog" after acupuncture treatments</li> <li>• A fever of up to 101.6 for three days</li> <li>• Burns and itching on bottom of right foot</li> <li>• Mid-back spasms</li> <li>• Burning raised rashes on lower ankles and bottom of right foot</li> </ul> |
|--|--|



[Coping with Food Intolerances](#)

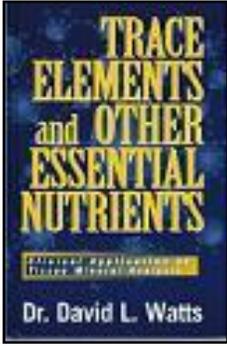


[Sanum Therapy](#)



[Gemmotherapy and Oligotherapy Regenerators of Dying Intoxicated Cells](#)

# PACIFIC NORTHWEST FOUNDATION

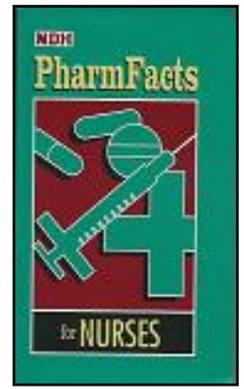


[Trace Elements and Other Essential Nutrients](#)

smoker--this is moving PAH's out of the system.

- The bottom of my right foot is cracked and flaking
- Cervical lymph swelling
- Severe headache throughout the day and night
- Rash on wrist
- Stabbing pain to head and other body parts
- Not draining well on the left side of my face
- My auxiliary temperature dropped into the 96's. One week later I am back to normal and my temps are back up into the 97"s
- [Sonicare](#) toothbrush problem was that by the third time I used it, I began dumping toxins big time into my system. Increase sinus drainage, cervical lymph node swelling -feeling as if I had a golf ball on the left side. My throat was tight

- Difficulty getting out of bed in the AM-headache (brain swelling with fluid retention), liver, kidney discomfort and joint pain. The symptoms are worse when I go longer than five or more days without acupuncture.
- Teeth hurt
- Throat tightness with wheezing accompanied by increased lip swelling with a more pronounced red ring around my left lower lip
- Long bones ache
- Some nausea and headache on awakening
- Difficulty sleeping correlating with Jean's treatments
- Congestion
- Feeling faint



[PharmFacts for Nurses](#)

Remedies: Listed below are the various remedies I take each day in various forms.



<p><u>Flower Essences</u></p> <ul style="list-style-type: none"><li>• Contessa</li><li>• Peace (Perelandra)</li><li>• Sonia (Perelandra)</li><li>• Sweet Bell Pepper (Perelandra)</li></ul> <p><u>Herbs</u></p> <ul style="list-style-type: none"><li>• Angelica (A.archangelica)</li><li>• Black Cohosh</li><li>• Blue Verrain (Verbena Hastata)</li><li>• Cilantro</li><li>• Damiana (Tunera diffusa)</li><li>• <u>Mullein</u></li><li>• Skullcap (Scutellaria laterifolora)</li><li>•</li></ul> <p><u>Homeopathics</u></p> <ul style="list-style-type: none"><li>• Estrogen</li><li>• Progesteronum (Unda)</li><li>• Thyroid (Biotonic)</li></ul>	<p>Isopathics</p> <ul style="list-style-type: none"><li>• <u>Sanums</u></li></ul> <p>Pharmaceuticals</p> <ul style="list-style-type: none"><li>• <u>Benadryl</u> (liquid and pill)</li></ul> <p><u>Vitamins &amp; Minerals</u></p> <ul style="list-style-type: none"><li>• <u>B-6</u></li><li>• <u>B-12</u></li><li>• <u>Coral Calcium</u>-- allergic to veal and oyster shell calcium</li><li>• First Food</li><li>• <u>Folate</u></li><li>• Iodine (Marco Pharma)</li><li>• Lithium</li><li>• <u>Magnesium</u> (Marco Pharma)</li><li>• <u>Peltier Water</u></li><li>• <u>Selenium</u></li></ul> <p>Other</p> <ul style="list-style-type: none"><li>• Aesculus (Marco Pharma)</li><li>• Bucco (Marco Pharma)</li><li>• Lappa (Marco Pharma)</li></ul>
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## REFERENCES

A most disturbing article about ovarian cancer after having ovaries removed: click [here](#).

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*The information contained herein has been obtained from a variety of sources. This document is presented to increase awareness of the topic and educate the general public. It is not intended to be an extensive discussion of this subject, or to provide specific treatment guidelines.*