

PACIFIC NORTHWEST FOUNDATION

ANNA'S THIRD PROGRESS REPORT January 1999 through June 1999

SUBJECTS COVERED:

January

- Vega test
- DMPS
- Amalgam removal
- Iodine patch test
- Progesterone
- Thyroid
- Lab test

February

- Diet analysis
- Pseudomonas
- Mycobacterium
- Bite rebalance
- Laser treatment

March

- Neural therapy
- Bite rebalance

April

- Neural therapy
- Vitamin C to bowel tolerance
- NAET
- Blood test

May

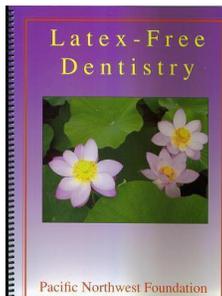
- Bite rebalance
- Crystal Energy & Microhydrin latex contaminated
- Hair color change

June

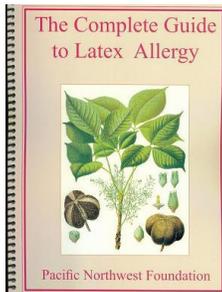
- Naturopathy
- Chiropractic
- NAET
- Hormone testing



[Latex Allergy
Resource Guide](#)



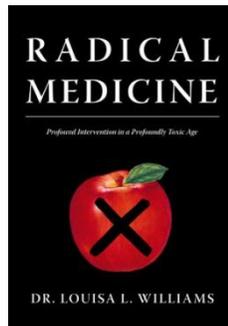
[Latex-Free Dentistry](#)



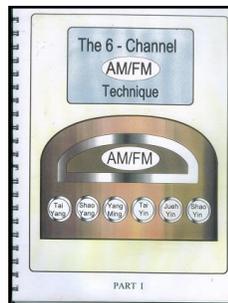
[Complete Guide to
Latex Allergy](#)



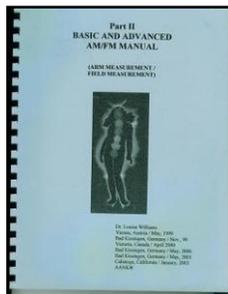
[Latex-Free
First Aid Kit](#)



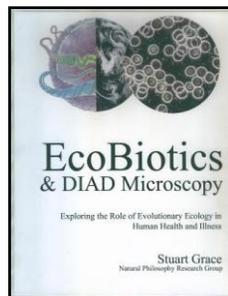
[Radical Medicine](#)



[The 6-Channel AM/FM
Technique](#)



[Basic and
Advanced AM/FM
Manual](#)



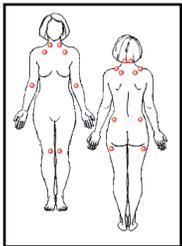
[EcoBiotics](#)

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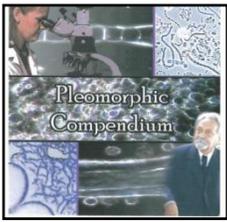
January 1999



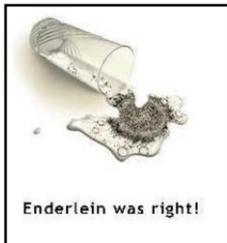
[Chelita: A Cancer Survivor' Story](#)



[Overcoming Fibromyalgia](#)



[Pleomorphic Compendium](#)



[T-shirt](#)

In January 1999, the 14th month, my [Vega](#) test showed much improved numbers for food and environmental allergies. I had periodic throbbing jaw pain in the areas of previous [cavitation](#) surgeries and [amalgam](#) removal, wet, clammy sweats, amalgam rash, and joint pain. Upon awakening, I regularly experienced liver and kidney pain, nausea, headache, diarrhea, chills, face and cervical lymph node swelling. I had intermittent atypical chest pain and amalgam rash on my neck and lower extremities.

I had additional [sanums](#) to address a variety of issues and a lab test to get an analysis of the basics and fatty acids. (To view it click [here](#).)

Later in the month, my symptoms became more pronounced and I decreased the rate of my detox baths to mitigate them.

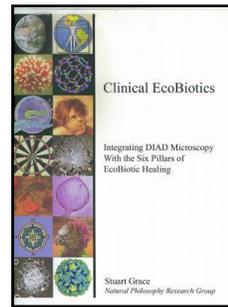
At the end of January, I had [DMPS](#) after amalgam removal, two bridges repaired and a bite rebalance. (This marked the last time I would be treated by [Dr. Riniker](#) because he retired soon thereafter. My dentist for the future would be [Jessica Saepoff](#), DDS.) I began Biotonic [Progesterone](#) and [Thyroid](#), a daily [iodine](#) patch test (per [Dr. Christiane Northrup](#)) and began taking my basal auxiliary temperature every morning before arising to monitor my thyroid's progress.

Almost immediately after the amalgam removal, I experienced lung, liver and kidney pain. My body was completely covered with an amalgam rash, my lips swelled, my chest tightened and I began wheezing. Three days later I was jaundiced.

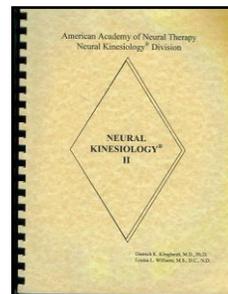
February 1999

Early in the 15th month, February 1999, I was able to increase the duration of my detox baths (to 8-10 minutes) without the previously experienced symptoms. The water after the baths was not as yellow, nor was it as sulfuric smelling, and my skin felt less oily. Additionally, I had laser treatments for painful tooth and jaw areas. I had a diet analysis and it was determined that the only adjustment I required was to eat more protein.

For the first three weeks of February, my thinking was foggy; I had memory problem, intermittent chest wall discomfort, a yellow



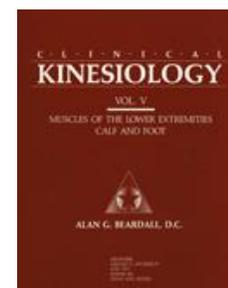
[Clinical EcoBiotics](#)



[Neural Kinesiology \(aka A.R.T\)](#)



[Muscles of the Lower Back & Abdomen](#)

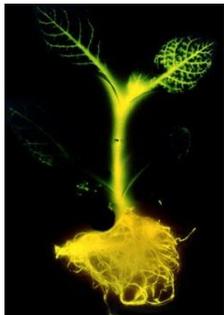


[Muscles of the Lower Extremities](#)

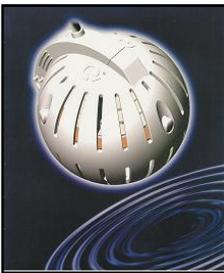
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[Coffee: To Drink, or Not to Drink?](#)



[Genetically Engineered Food](#)



[Q2 B.E.F.E.](#)



[Multiwave Oscillator](#)

area of discoloration the size of a quarter on my left jaw. In addition to the usual signs and symptoms, I experienced stabbing pains in various part of my body, burning bones, ringing ears, worsening eyesight, fluid retention, right side back spasms with everything pulling to the left side of my body.

Toward the end of this three-week period, I received [sanum](#) treatments for various issues including [Pseudomonas](#) and [Mycobacterium](#). Thereafter I developed a body rash, right kidney pain, a yellow area on my left temple, intense headache, felt fatigued, and my skin turned gray. This lasted for three to four days.

At the end of February (15th month), I had my second bite rebalancing and another laser treatment. There was a noticeable improvement with sinus and [cervical lymph node](#) drainage afterward.

March 1999

The 16th month, March 1999, began with neck and right hip pain and lower back spasms. My rate of detox increased as well, stimulated by acupuncture. Fluid retention increased my weight up to five pounds per night, losing most of it during day. I received Network chiropractic and acupuncture treatments.

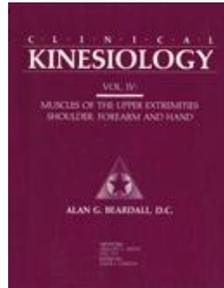
A week and a half into this 16th month I had [neural therapy](#) to my upper thoracic ganglia and bite rebalancing. After these procedures, my neck and right hip pain and back spasms reoccurred. But the drainage in my face, [cervical lymph nodes](#) and sinuses improved.

Almost two weeks later I again had neural therapy to my [Frankenhauser ganglion](#). Drainage improved and I lost six pounds within 24 hours.

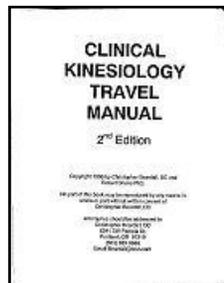
April 1999

I began April, the 17th month of treatment, with intense detox symptoms. They were much worse because I was without acupuncture treatments for ten days. After they recommenced, I experienced 80% improvement almost immediately.

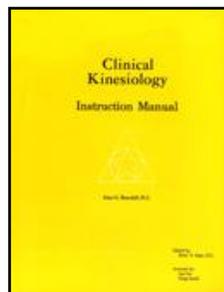
During the third week of April 1999, I began taking [Vitamin C](#) to bowel tolerance (almost diuretic). Soon thereafter I received



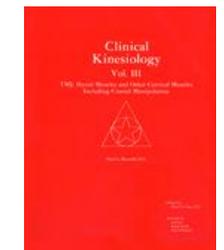
[Clinical Kinesiology: Muscles of the Upper Extremities](#)



[Clinical Kinesiology Travel Manual](#)



[Clinical Kinesiology Instruction Manual](#)



[Clinical Kinesiology TMJ & Hyoid Muscles](#)

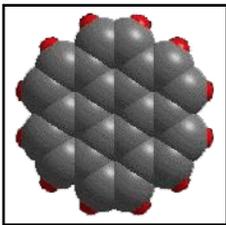
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[Biomodulator](#)



[SCENAR](#)



[Toxicity Study](#)



[Our Toxic Times](#)



[TOXMAP](#)

neural therapy to my upper thoracic ganglia. Two days later I was [NAET](#)'d for [iodine](#) so that I could more effectively continue my daily iodine patch test (per [Dr. Christiane Northrup](#)). I also began [folate](#), Vitamins [B-12](#) and [B-6](#), and selenium to correct my blood based on the lab findings.

At the end of April, I again had my bite rebalanced. The next day my right hip started to feel uncomfortable.

May 1999

Three days later, May 2, 1999, the beginning of the 18th month, I awakened with intense right sided neck pain. Traction and heat helped, as did [acupuncture](#) and network [chiropractics](#) the following day. Toward the end of the month, I had another bite rebalancing and discontinued using [Crystal Energy](#) and [Microhydrin](#) due to latex being used in their production and/or handling. (I had had problems taking them, e.g., throat tightness and lip swelling after use, but I had mistakenly attributed those reactions to detox.)

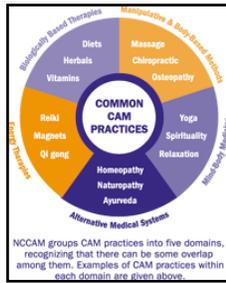
For approximately the past year, my hair color gradually changed from 80-85% gray/white to 75-80% its natural color, dark brown. I attribute this to detox, particularly amalgam departing.

Listed below are symptoms and activities I experienced (regularly or intermittently) during this third six months period since beginning treatment.

June 1999

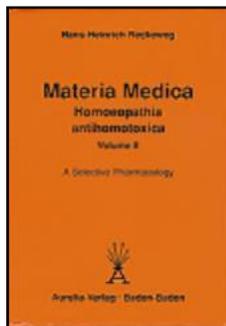
I had a visit with a chiropractor who determined that no treatment was required because the last one had held. This is a first and a really encouraging sign.

Also had a visit with a doctor who did a NAET treatment to iodine, which was successful. We also reviewed the blood work hormone short panel lab test reports through [Diagnos-Tech, Inc.](#), which were within normal range.

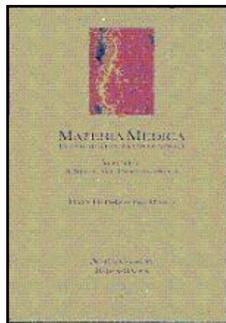


NCCAM groups CAM practices into five domains, recognizing that there can be some overlap among them. Examples of CAM practices within each domain are given above.

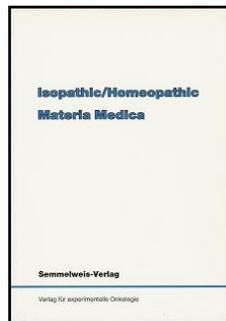
[NCCAM](#)



[Homotoxicology](#)
[Materia Medica I](#)



[Homotoxicology](#)
[Materia Medica II](#)



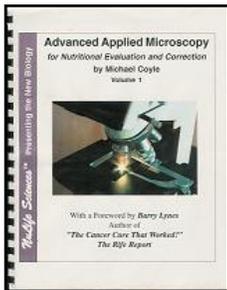
[Isopathic/](#)
[Homeopathic](#)
[Materia Medica](#)

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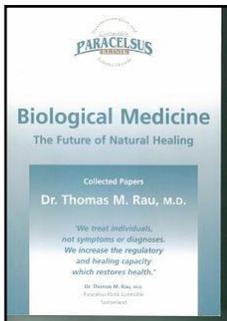
Symptoms



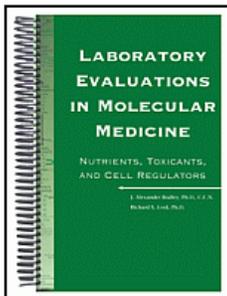
[My AminoPlex](#)



[Advanced Applied Microscopy](#)



[Biological Medicine](#)



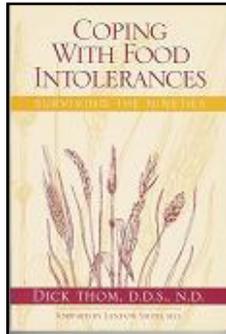
[Laboratory Evaluations in Molecular Medicine](#)

Daily

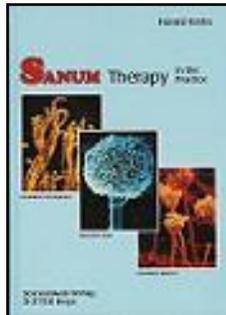
- Upon awakening (usually gone by midmorning)
 - Liver and kidney pain
 - Nausea
 - Headache
 - Diarrhea
 - Chills
 - Face swelling
 - [Cervical lymph node](#) swelling

Periodically

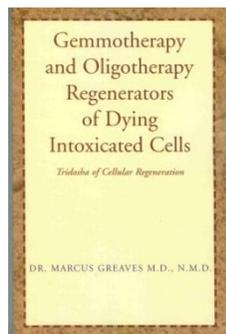
- | | |
|---|--|
| <ul style="list-style-type: none"> • Wet, clammy sweats • Gray skin • Memory problems • Red, lacy rash • Yellow spot on jaw • Chest wall discomfort • Joint pain • Burning bones • Painful teeth and jaw • Throat tightness • Ringing ears | <ul style="list-style-type: none"> • Weight loss nightly (up to four pounds) • Lip swelling • Worsening eyesight • Weight gain daily (up to six pounds) • Neck pain • Right side back spasms • Fatigue • Thinking foggy • Fluid retention |
|---|--|



[Coping with Food Intolerances](#)



[Sanum Therapy](#)



[Gemmotherapy and Oligotherapy Regenerators of Dying Intoxicated Cells](#)

REMEDIES

Essential Oils

- Hyssop
- Vervain

Flower Essences

- Gentian (David's Garden)
- Edelweiss (FES) (Not latex safe)
- Impatiens (David's Garden)
- Pansy (Fox Mountain)
- Welsh Poppy (Bailey's Flower Essences)
- Willow (David's Garden)
- Yarrow (Petite Fleur Essences)

Pharmaceuticals

- Benadryl (liquid and pill)

Vitamins & Minerals

- B-6
- B-12
- Buffered Vitamin C (Pure Encapsulations)
- Calcium Magnesium (Thorne)
- Cobalt (Marco Pharma)
- Coral Calcium--allergic to veal and oyster shell calcium
- Iodine (Marco Pharma)
- Iodine patch test per Christiane Northrup, MD
- Magnesium (Marco Pharma)
- Nickel (Marco Pharma)
- Selenium
- Zinc (Marco Pharma)
- Zincum Metallicum

Herbs

- Cilantro
- Comfrey
- Echinacea
- Elderberry
- Garlic (McGuff)
- Goldenrod
- Horsetail
- Mullein
- Nettles
- Peppermint
- Oregon Grape

Homeopathics

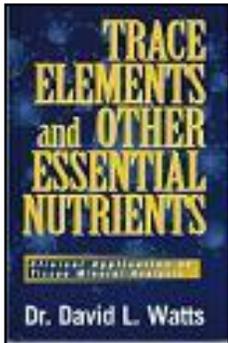
- Biotonic progesterone
- Biotonic thyroid
- Toxex

Isopathics

- Sanums

Other

- Aesculus (Marco Pharma)
- Bucco (Marco Pharma)
- Crystal Energy (Royal Body Care)
- DMPS
- DMSA
- Folate
- Lacto-S-Plus (Marco Pharma)
- Lappa (Marco Pharma)
- Lipotrepein
- Sanguinaria
- Tahini



[Trace Elements and Other Essential Nutrients](#)



[PharmFacts for Nurses](#)



REFERENCES

[Herb names cross-referenced](#)

[Herb Glossary](#)

[Herbology](#)

The information contained herein has been obtained from a variety of sources. This document is presented to increase awareness of the topic and educate the general public. It is not intended to be an extensive discussion of this subject, or to provide specific treatment guidelines.