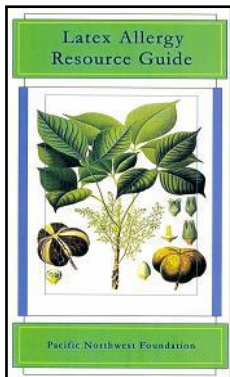
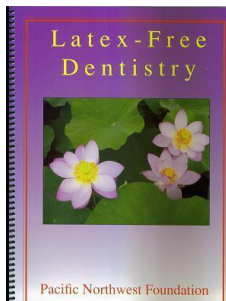


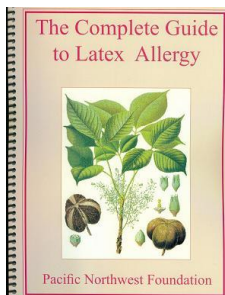
# PACIFIC NORTHWEST FOUNDATION



[Latex Allergy Resource Guide](#)



[Latex-Free Dentistry](#)



[Complete Guide to Latex Allergy](#)



[Latex-Free First Aid Kit](#)

## ANNA'S SECOND PROGRESS REPORT July 1998 through December 1998

### SUBJECTS COVERED:

#### July

- Amalgam removal
- Pterygoid release
- Tooth amps and voltage
- Jaundiced

#### August

- Amalgam removal
- Lab Test
- Dental appliance
- Porphyria
- Latex allergy tests
- Vega test
- Candida
- Sanum remedies

#### September

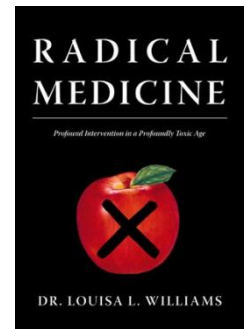
- Network chiropractics
- Amalgam removal

#### October

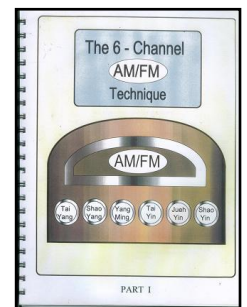
- Tooth extraction
- Cavitation surgery
- Laser treatments
- Dexa scan
- Osteopenia
- Klebsiella
- Glomerulonephritis

#### November

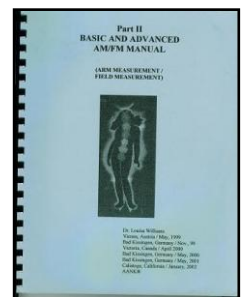
- Staph



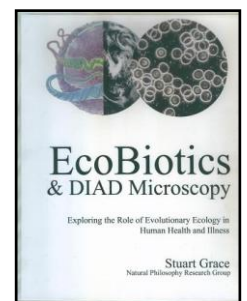
[Radical Medicine](#)



[The 6-Channel AM/FM Technique](#)



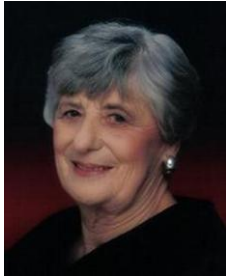
[Basic and Advanced AM/FM Manual](#)



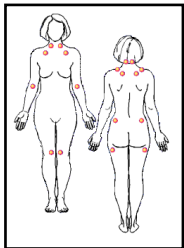
[EcoBiotics](#)

6312 SW Capitol Hwy # 271, Portland, OR 97239  
PHONE: 503-977-3226 FAX: 503-244-9946  
info@pnf.org \* <http://www.pnf.org>

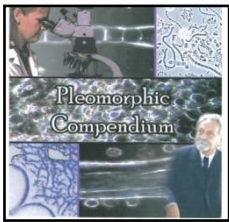
# PACIFIC NORTHWEST FOUNDATION



[Chelita: A Cancer Survivor' Story](#)



[Overcoming Fibromyalgia](#)



[Pleomorphic Compendium](#)



[T-shirt](#)

## December

- Bridge repair
- Laser treatment
- Staph
- Mycobacterium
- Strep
- Vega test
- Cavitation surgery
- Blood test

## Remedies

- Flower essences
- Herbs
- Minerals
- Other

## Symptoms

- Daily
- Periodically

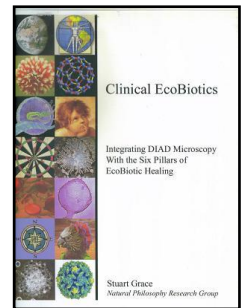
## References

I regularly visited an acupuncturist, chiropractor, doctor, and dentist during this time.

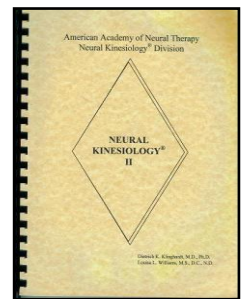
## July 1998

The middle of the eighth month, July 1998, saw increased [cervical lymph node](#) swelling, and difficulty with my memory as well as with swallowing. I found through the medical intuitive that I needed [homeopathic](#) doses of most of the remedies that I had been taking. They had been too strong for my system. This helped me a great deal.

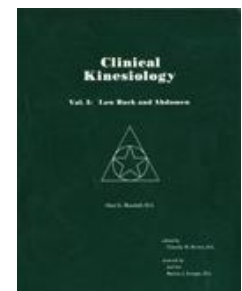
During approximately the same time, I had mercury amalgam removed from tooth number 18 and a



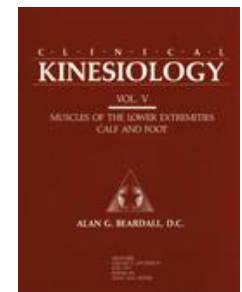
[Clinical EcoBiotics](#)



[Neural Kinesiology \(aka A.R.T.\)](#)



[Muscles of the Lower Back & Abdomen](#)



[Muscles of the Lower Extremities](#)

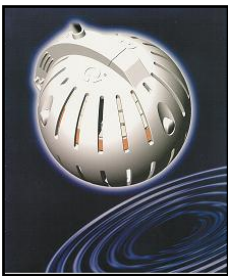
# PACIFIC NORTHWEST FOUNDATION



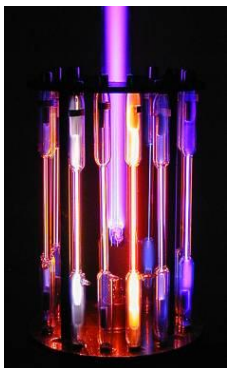
[Coffee: To Drink, or Not to Drink?](#)



[Genetically Engineered Food](#)



[Q2 B.E.F.E.](#)



[Multiwave Oscillator](#)

temporary [bridge](#) was put in (both made of [Diamond Crown](#)). Immediately following I experienced copious sinus drainage as well as after the ensuing [pterygoid](#) release.

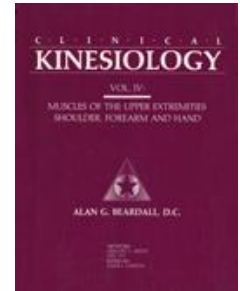
For roughly one week after this procedure, I experienced a body rash, especially on my lower extremities, increased sinus drainage, stabbing pains in my right [parietal](#) and [occipital](#) areas, and fatigue. I was also occasionally awakened by random jerking movements of my lower extremities. Additionally, I had enlarged, tender [cervical lymph glands](#), swollen face and eyelids, painful jaw area around teeth number 18-22, yellow face and mouth area, and felt nauseated frequently. This tooth (number 18) was the most highly, electrically charged filling in both voltage and amps as measured by my naturopath. This week was the most intense detox symptoms I had experienced since starting treatment in November 1997

Toward the end of the month, I began having a lacy body rash with a pinpoint rash on my lower extremities. Intense burning and itching all over accompanied it that was controlled by a baking soda and peppermint tea leaves paste. I had difficulty sleeping due to the pain surrounding tooth number 18 and my three cavitation sites.

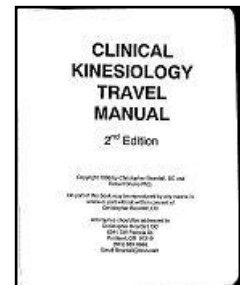
There is a positive correlation between pain and detox symptoms: [cervical lymph node](#) swelling, fatigue, intermittent stabbing pains, liver tenderness and joint stiffness upon awakening, and occasional chest wall discomfort. These are signs and symptoms of solvent and amalgam detox.

## August 1998

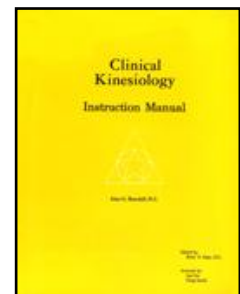
At the beginning of August 1998 (the ninth month) the pain was diminishing. I was still [jaundiced](#)-looking and fatigued, needing an afternoon nap almost daily. Upon awakening from these naps, I had a rapid heart rate, the same chest wall discomfort as prior to the nap, rash on my neck and shoulders, and chest and throat tightness. I also had increased sinus drainage and difficulty sleeping



[Clinical Kinesiology: Muscles of the Upper Extremities](#)



[Clinical Kinesiology Travel Manual](#)



[Clinical Kinesiology Instruction Manual](#)



[Clinical Kinesiology TMJ & Hyoid Muscles](#)

# PACIFIC NORTHWEST FOUNDATION

during this time, as well as headaches, difficulty thinking and chest tightness. I had a lab test.

August 13 was the first day since the last mercury amalgam removal (July 14) that I was no longer yellow. I began wearing a dental appliance while I slept, this time made out of a material to which I was not allergic, [Diamond Crown](#). Later in the month, I tested positive for [Porphyria](#), secondary to chemical exposure, and latex allergy (Alastat DDPG, Pharmacia Cap). (For the porphyria, an M.D., Ph.D., at [Oregon Health Sciences University](#), concluded I have the variegate form of the disease.) I was also diagnosed and treated with [Sanums](#) for [candida](#).

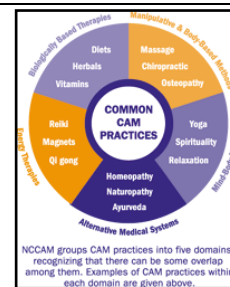
Electromagnetic interference with my [immune system](#) was addressed with [Clarus products](#). My allergy tolerance improved according to the [Vega test](#). And during this time, the usual detox symptoms increased.

By the end of the month my lower back was having spasms and discomfort in my right hip and leg while using my dental appliance.

## September 1998

In the middle of the tenth month (September, 1998), I started seeing a Network [Chiropractor](#) with a latex-free office. After my first treatment, I was diuretic, nauseated, experienced pain in my GI tract, [kidneys](#) and liver, had a severe headache and increased sinus drainage. I felt like I had been hit by a truck. These were symptoms affiliated with flushing latex out of my system that were alleviated with a peppermint bath and strong peppermint tea.

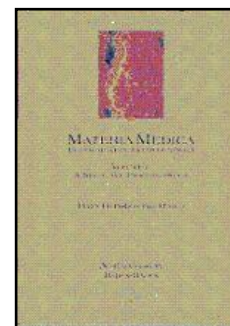
Toward the end of the tenth month and four days prior to having the mercury amalgam removed from teeth numbers 3 and 5, I started vomiting, became diuretic, and fainted. These were reactions to latex, mercury amalgam, and solvent detox and emotions. Again, after the amalgam removal and [pterygoid](#) release, I experienced the usual amalgam detox symptoms (swollen [lymph glands](#), chest pain, dizziness, etc.) plus



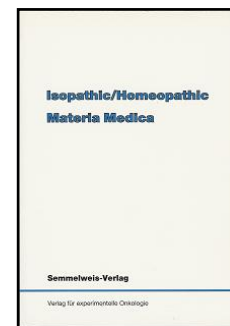
[NCCAM](#)



[Homotoxicology](#)  
[Materia Medica I](#)



[Homotoxicology](#)  
[Materia Medica II](#)



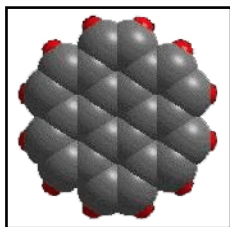
[Isopathic/](#)  
[Homeopathic](#)  
[Materia Medica](#)



[Biomodulator](#)



[SCENAR](#)



[Toxicity Study](#)



[Our Toxic Times](#)

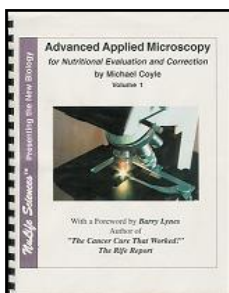


[TOXMAP](#)

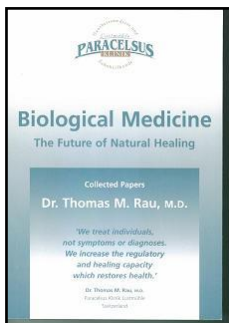
# PACIFIC NORTHWEST FOUNDATION



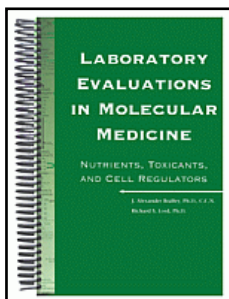
[My AminoPlex](#)



[Advanced Applied Microscopy](#)



[Biological Medicine](#)



[Laboratory Evaluations in Molecular Medicine](#)

constipation.

## October 1998

In early October, 1998 (the 11<sup>th</sup> month of treatment), I had a [Dexa Scan](#) to measure my bone density. The results indicated that I had moderate to severe [osteopenia](#).

Roughly one week later tooth number 3 was extracted (it was nonviable, i.e. dead) and cavitation surgery in the surrounding area. I was treated with [homeopathic](#) remedies for [Klebsiella](#) and [Glomerulonephritis](#), received the usual laser treatments and [pterygoid](#) release.

## November 1998

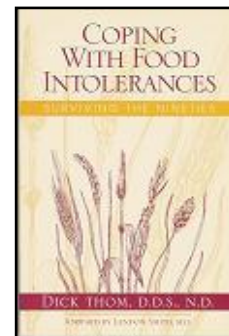
By the middle of the 12<sup>th</sup> month (November 1998), I was having headaches, severe long bone aching, dizziness, pain in my right [kidney](#) and [liver](#), nausea and brain fog. I had an almost daily amalgam rash, lip swelling and numbness, wheezing, red ring around my mouth and jaundiced looking. I was also given [homeopathic](#) remedies for [staph](#) infection in my last cavitation. (The infection was already there; it did not develop from the surgery.)

## December 1998

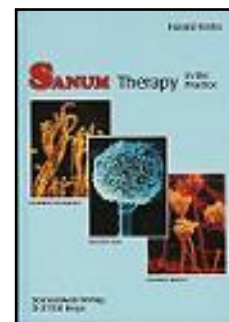
The 13<sup>th</sup> month of treatment, December 1998, saw my continuing detox signs and symptoms. My [kidneys](#), [spleen](#), [gall bladder](#), and large intestine discomfort corresponded to their meridian times. I awakened every morning with liver and [kidney](#) pain, nausea, headache, and joint stiffness when I first got out of bed. About one to two hours after awakening, usually after my daily detox baths.

I had laser treatments for the area around tooth number 17 and [bridge](#) repair. Additionally, I received sanums for [staph](#) and [mycobacterium](#). Three hours later the copious sinus drainage I had been experiencing ceased.

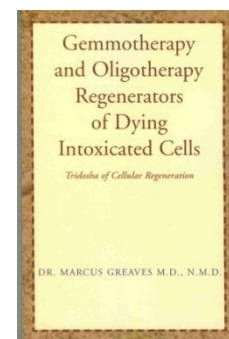
Nevertheless, on the left side of my face some sinus



[Coping with Food Intolerances](#)



[Sanum Therapy](#)



[Gemmotherapy and Oligotherapy Regenerators of Dying Intoxicated Cells](#)

# PACIFIC NORTHWEST FOUNDATION

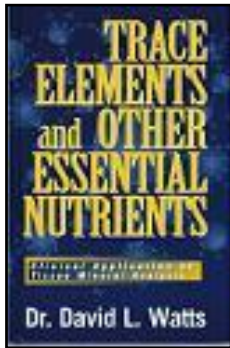
drainage continued as well as swollen [cervical lymph glands](#). That side of my face was also swollen, and I experienced periodic chest tightness, wheezing, amalgam rash and jaundice.

The results of my next [Vega](#) test for dental materials were much improved over my prior test.

Early in December, I had cavitation surgery on the area around tooth number 29. I was also treated with [sanum](#) remedies for [staph](#) and [strep](#). Almost immediately after surgery, an amalgam rash appeared on my lower extremities and neck. I felt stabbing pains in my right foot, hip and thigh and increased sinus drainage, lip ring and swelling, wheezing and throat tightness.

Six days later for my post-op visit, I had a blood test. It indicated that the muddy and dark appearance of my blood could be due to heavy metal toxicity.

Listed below are the various remedies (and their manufacturers/suppliers in parentheses) I take each day in various forms.



[Trace Elements and Other Essential Nutrients](#)



[PharmFacts for Nurses](#)



Remedies:

Flower Essences

- [Gentian \(David's Garden\)](#)
- Edelweiss (FES)  
(Not latex safe)
- Impatiens ([David's Garden](#))
- [Pansy \(Fox Mountain\)](#)
- Welsh Poppy ([Bailey's Flower Essences](#))
- White Lily ([Petite Fleur Essences](#))
- Willow ([David's Garden](#))
- Yarrow ([Petite Fleur Essences](#))

Herbs

- [Comfrey](#)
- [Garlic](#) (McGuff)
- [Horsetail](#)
- [Mullein](#)
- [Peppermint](#)
- [Oregon Grape](#)

Homeopathics

- Septonsil
- [Toxex](#)

Pharmaceuticals

- [Benadryl](#) (liquid and pill)

Vitamins & Minerals

- [Buffered Vitamin C](#)  
(Pure Encapsulations)
- Calcium Magnesium ([Thorne](#))
- [Coral Calcium](#)--  
allergic to veal and oyster shell calcium
- Lithium (Marco Pharma)
- Iodine (Marco Pharma)
- Magnesium (Marco Pharma)
- Zinc, Nickel, Cobalt (Marco Pharma)
- Zincum Metallicum

Other

- [Aminomine Chlorella](#)  
(Nature's Balance)
- [Citruline](#)
- [Crystal Energy](#)  
(Royal Body Care)
- [DMPS](#)
- [DMSA](#)
- [Microhydrin](#) (Royal Body Care)
- Somaplex Multi (Marco Pharma)



Symptoms and activities during this time included:

Daily

<ul style="list-style-type: none"><li>• Joint pain</li><li>• Wheezing</li><li>• Lip swelling</li><li>• Brain fog</li><li>• Loss of sense of smell</li><li>• Cold sweats</li></ul>	<ul style="list-style-type: none"><li>• Fatigue</li><li>• (particularly upon awakening in the morning)</li><li>• Hot flashes</li><li>• Headache</li><li>• <a href="#">Kidney</a>, liver pain</li></ul>
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Periodically:

<ul style="list-style-type: none"><li>• Body rash</li><li>• <a href="#">Cervical lymph nodes</a> enlarged -- difficulty swallowing</li><li>• Chest wall discomfort</li><li>• Chills</li><li>• Diarrhea</li><li>• Eye itching</li><li>• Face swollen</li><li>• Feet itching</li></ul>	<ul style="list-style-type: none"><li>• GI tract aching</li><li>• Head, knees, and eyes-- stabbing pains</li><li>• <a href="#">Jaundiced</a></li><li>• Long bone and jaw pain</li><li>• Nausea</li><li>• Throat tightness and itching</li><li>• Sinus drainage</li><li>• Sleep difficulties</li></ul>
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REFERENCES

- [Aromatherapy](#): a description
- [Essences](#): an alphabetical list of over 5,000 and what companies make them.
- [Gem Stones](#): an on-line look at the details of many stones.
- [Herb Links](#): a thorough list of links with information on each site.
- [Network Chiropractics](#): what it is, links, and database for locating a chiropractor trained in this technique.
- Sperling, Renate, [The Essence of Gemstones](#)
- Tilford and Moore, [Edible and Medicinal Plants of the West](#)





*The information contained herein has been obtained from a variety of sources. This document is presented to increase awareness of the topic and educate the general public. It is not intended to be an extensive discussion of this subject, or to provide specific treatment guidelines.*