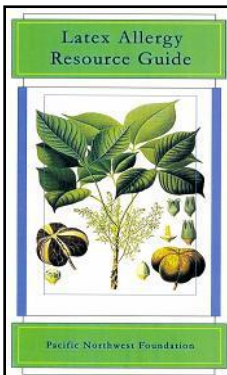
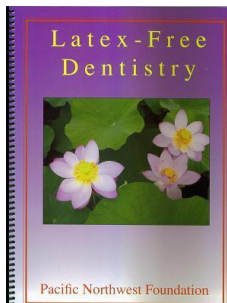


PACIFIC NORTHWEST FOUNDATION

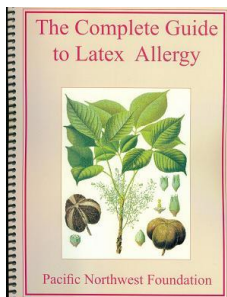
ANNA'S EIGHTEENTH PROGRESS REPORT July 2006 to December 2006



[Latex Allergy Resource Guide](#)



[Latex-Free Dentistry](#)



[Complete Guide to Latex Allergy](#)



[Latex-Free First Aid Kit](#)

July

[DEXA Scan](#)
[NAET](#)
[Latex](#) allergy
O-Tropin

August

3000
[Chiropractic](#)
[Fulcrums](#)
[Homeopathy](#)
[Isopathics](#)
[Scenar](#)

September

[Far-infrared mattress](#)
[NeproTec I & II](#)
[Scenar](#)

October

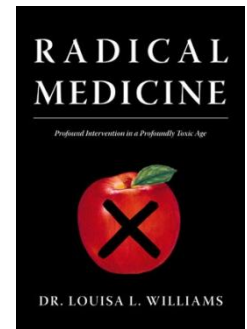
[Homeopathy](#)
Intraoral release
[Pekanas](#)
[Sanums](#)
[Scenar](#)

November

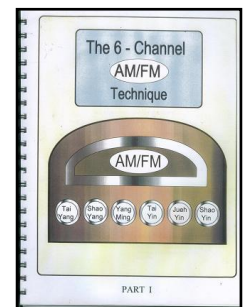
ASI
[DHEA](#)
Pregnenalone
Saliva hormonal testing

December

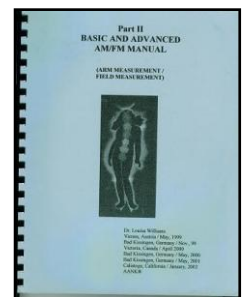
[Chiropractic](#)
[Fulcrums](#)
[Lymphatic drainage](#)
Neurotransmitters
Phyto B
Proprioceptive inserts
[Symptoms](#)



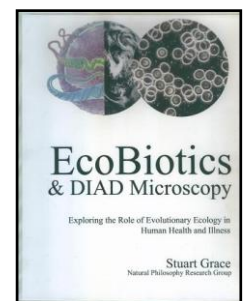
[Radical Medicine](#)



[The 6-Channel AM/FM Technique](#)



[Basic and Advanced AM/FM Manual](#)



[EcoBiotics](#)

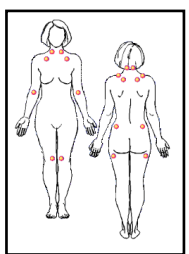
PACIFIC NORTHWEST FOUNDATION

Daily
Nightly
Periodically

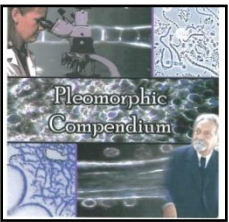
- Remedies
[Essential Oils](#)
[Flower Essences](#)
 Herbs
[Homeopathics](#)
[Isopathics](#)
[Pharmaceuticals](#)
[Vitamins](#) and [Minerals](#)



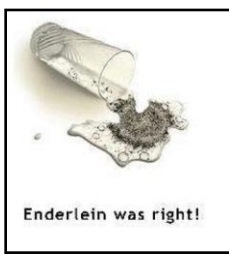
[Chelita: A Cancer Survivor' Story](#)



[Overcoming Fibromyalgia](#)



[Pleomorphic Compendium](#)



[T-shirt](#)

July

I am still experiencing positive effects from taking O-Tropin. Fewer headache symptoms and I continue to have more weight loss. By mid-month though, my weight loss has stopped and I am starting to retain more fluid again.

My [DEXA scan](#) showed osteopenia in the lumbar spine but not in the hips and no osteoporosis. I also retested for [latex](#) allergy, which showed high levels of specific IgE to buffered [latex](#) (NAL), but <5 U/mL for ammoniated [latex](#) extract (AL), and glove [latex](#) extract (GL).



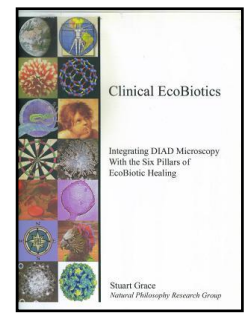
[Fractal](#) from July 21, 2006

August

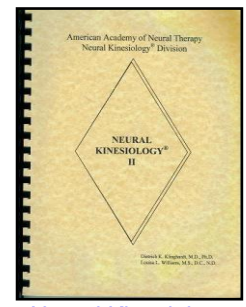
I continue my weight gain and fluid retention through the month of August. I do have good energy though and am tolerating exercise well. I am testing for less supplementation and [detoxification](#) agents.

September

There are no significant changes through the month of



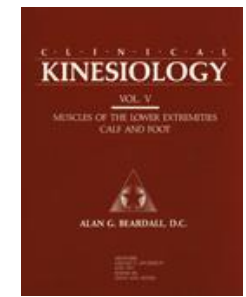
[Clinical EcoBiotics](#)



[Neural Kinesiology \(aka A.R.T.\)](#)



[Muscles of the Lower Back & Abdomen](#)

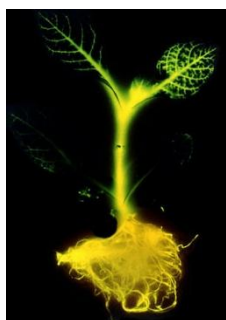


[Muscles of the Lower Extremities](#)

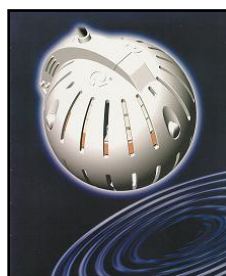
PACIFIC NORTHWEST FOUNDATION



[Coffee: To Drink, or Not to Drink?](#)



[Genetically Engineered Food](#)

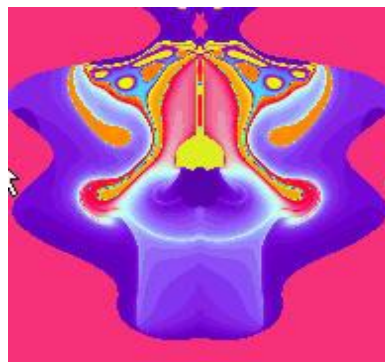


[Q2 B.E.F.E.](#)



[Multiwave Oscillator](#)

September. My rashes are gone. I have good energy for exercise and continue with my weight gain and fluid retention.



[Fractal](#) from September 3, 2006

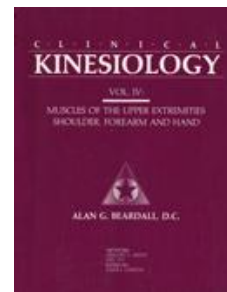
October

With the change in seasons, I have the return of more [detoxification](#) symptoms. I have my morning headache with eye [detoxification](#) symptoms. No rashes or skin reactions still now for several months. I have difficulty sleeping at times. The weight gain and fluid retention march onward without change.

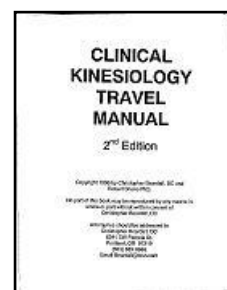
After increasing drainage remedies, my [detoxification](#) headache in the morning is better, I am sleeping better, and my energy is improving, as is my neurological status. I might have some structural issues that are interfering with sleep. After [Scenar](#) treatments and intra-oral releases to address the structural issues, my [detoxification](#) symptoms increased. I have extra sinus/nasal drainage causing left-sided sore throat and left [cervical lymph node](#) enlargement. I also have the return of burning feet at night, headache in the morning, fatigue, and continued fluid retention with the [detoxification](#) process.

By the end of the month, I increased my supplements and drainage remedies and found some relief from my symptoms. The main changes were adding [My AminoPlex](#), O-Tropin, Oligo Elements, [Heel remedies](#), and increasing [NeproTec I and II](#), and the [Pekana](#) drainage remedies.

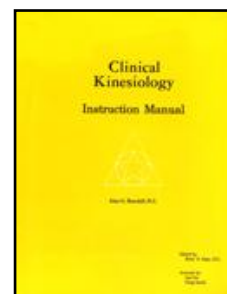
November



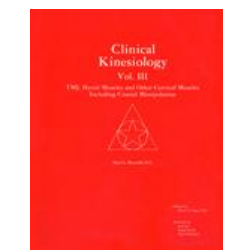
[Clinical Kinesiology: Muscles of the Upper Extremities](#)



[Clinical Kinesiology Travel Manual](#)



[Clinical Kinesiology Instruction Manual](#)



[Clinical Kinesiology TMJ & Hyoid Muscles](#)

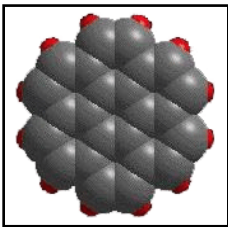
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[Biomodulator](#)



[SCENAR](#)



[Toxicity Study](#)



[Our Toxic Times](#)

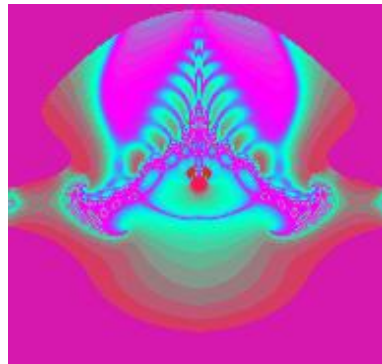


[TOXMAP](#)

I begin the month with continued fluid retention and weight gain. Although I still have the morning [detoxification](#) headache, I am tolerating exercise well, which always lifts my spirits. At the end of the month, I experienced severe right-sided deep brain pain. [Detoxification](#) baths help with brain [detoxification](#), although I have liver discomfort still. Structural issues are causing some sleep difficulties. After a biopuncture treatment I had fluid loss for about three days. After another treatment I had an all-over-body rash for a few days.

My repeat Adrenal Stress Index wasn't as good as in June. My total [cortisol](#) was low again, and low throughout the day. My [DHEA](#) and insulin were also low. These findings put me back into the adrenal fatigue category. The good news is that my [thyroid hormones](#), LH and FSH by saliva were in the normal ranges. My other [hormones](#) are a little out of balance though with low-normal testosterone, low [progesterone](#), and sub-optimal [estrogen](#).

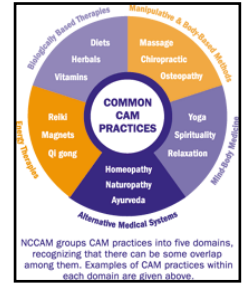
To try and balance these results, I took [DHEA](#) and Pregnenalone sublingually at bedtime and developed a severe migraine-type headache that lasted till morning. I am also taking Ionized [Potassium](#) every 15 minutes up to bedtime. My eye twitching persists in the left eye only now.



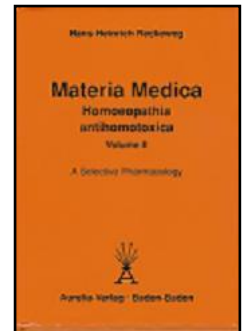
[Fractal](#) from November 11, 2006

December

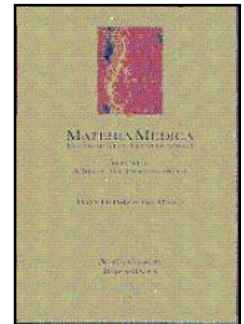
My rashes and [detoxification](#) symptoms are better, with the welts less itchy. My fluid retention and weight gain persist. My left shoulder, neck pain, left hip and left low



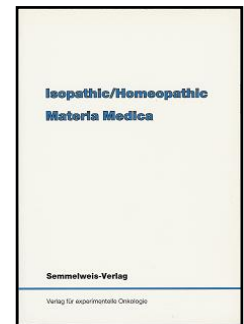
[NCCAM](#)



[Homotoxicology](#)
[Materia Medica I](#)



[Homotoxicology](#)
[Materia Medica II](#)



[Isopathic/](#)
[Homeopathic](#)
[Materia Medica](#)

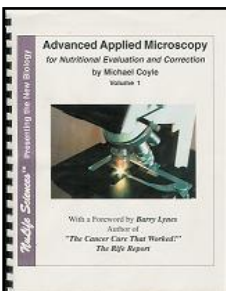
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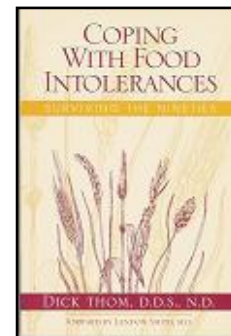
[My AminoPlex](#)

back pain continue and are unrelieved by traction or [fulcrums](#). With a slight increase of range of motion of the left neck from my [chiropractic](#) adjustment, I have less pain on the left side of my body. My weight is starting to fluctuate again with 4-5 pound changes and even gaining six pounds in less than 24-hour period. I also experience more shortness of breath with the weight gains. My increased need for neurotransmitters persists.

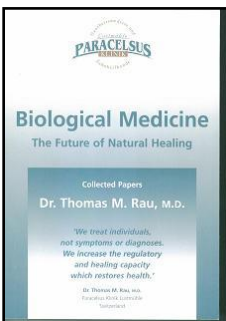
I finish out the month and year with continued weight fluctuations of 4-6 pounds in a day. I have difficulty sleeping, except after taking Phyto B. I don't have need for neurotransmitters after using the [hormones](#). I am also taking more organo element therapy and Unda #'s, which also seems to help. My new proprioceptive inserts seem to work well, with only a moderate amount of dizziness and nausea as I get used to them.



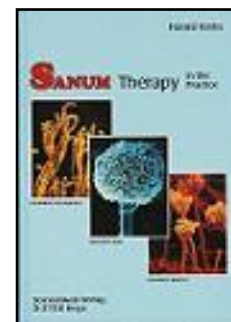
[Advanced Applied Microscopy](#)



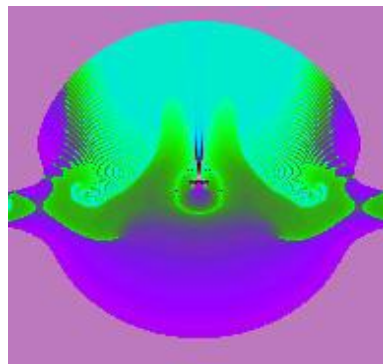
[Coping with Food Intolerances](#)



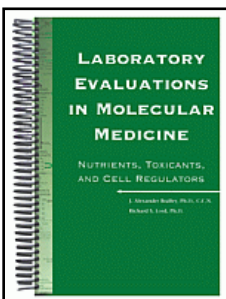
[Biological Medicine](#)



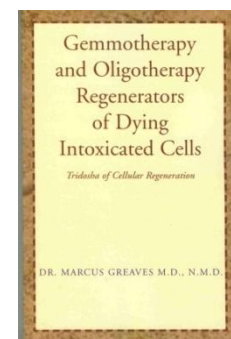
[Sanum Therapy](#)



[Fractal](#) from December 13, 2006



[Laboratory Evaluations in Molecular Medicine](#)



[Gemmotherapy and Oligotherapy Regenerators of Dying Intoxicated Cells](#)

Symptoms

Daily
Edema/Fluid retention

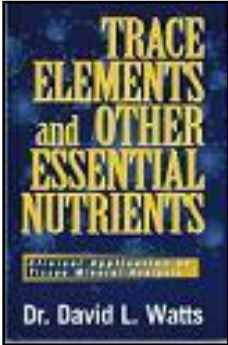
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PHONE: 503-977-3226 FAX: 503-244-9946
info@pnf.org * http://www.pnf.org

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Fatigue
Headache
Muscle/joint pain
Shortness of Breath

Nightly
Burning Feet
Eye pain
Headache

Periodically
Burning rash
Dizziness/Nausea
Eye pain—"gravel in eye," burning, itching
Insomnia
Liver discomfort
[Lymph node](#) swelling
Rashes-extremities, feet
Sinusitis-sinus drainage
Teeth/Jaw pain



[Trace Elements and Other Essential Nutrients](#)



[PharmFacts for Nurses](#)

Remedies

Essential Oils	Homeopathics (continued)	Vitamins and Minerals (continued)
Flower Essences	Para A	Phosphatidyl-



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Herbs	Phosphorus 200c	choline
Passiflora	Ranunculus H	Phosphatidy-
Rhodiola	Renelix	Iserine
Homeopathics	Silicea 200k	Potassium
AC Carbamide	Somaplex Multi	Phyto B
Aesculus	Tenacet-Heel	SBC
Apis Homaccord	Thyroidia	Selenium
Apo-Hepat	Toxex	Serotonin/
Apo-Oedem	Traumagen	Dopomine
Baptista	Traumeel	Liquescence
Belladonna	Ubichinon	Stem enhance
Berberis	Unda #24, #202,	Stem cell
Homaccord	#210, #228	enhancer
Carcinosin 200c	Zeel	L-Tyrosine
Chelidonium Plex	Zinc, Ionized	Water X
Coenzyme	(Somaplex)	Zinc
Compositum	Isopathics	Other
Engystol	Pleo Chrys	3000
Gallium Heel	Pleo Fort	Acupuncture
Gemmotherapy	Pleo Muc	Meridian
Sequoia	Pleo Nig	Clearance
gigantea	Pleo Not	Biomodulator
Glyoxal	Pleo Reb	Bio-puncture
Graphities 30c	Pleo Rec	Bite
Luteinium 200k	Pleo San Cal	adjustment
Lymphomyosot	Pleo San Kleb	Detox bath
Mezereum	Pleo San Staph	Energy work
Homaccord	Pleo San Strep	Exercise
Nervoheel	Pleo Ut	Machine/
Oligoelements	Pleo Ut S	weights
CuAuAg	Pharmaceuticals	Far-infra red
K	Vitamins and	mattress pad
Mg	Minerals	Fulcrum
Mn	5-HTP	Gardening
Mo	ACAI Ultra	Gem therapy
Se	My AminoPlex	Green tea
Zn	BCAA	Intra-oral
Orenda immune	Beta-carotene	release
Organotherapy	Betaine HCL	Inversion
1tst	Pepsin	table
Corpus	Bone-Up	Lymphatic
Callosum 4Ch	B2, B6, B12	drainage
Cerebrinum 4Ch	DHEA	MEAD
Diencephalium		Meditation
4CH		Multiwave
Hypothalomium		oscillator



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<p>4CH Kypophysinium LP 4CH Nervinium 200c Ovarinium 4CH Parasympath- cinum 4CH Pulminium 4CH Renenium 4CH Splenium 4CH Surrenium 4CH O-Tropin spray</p>	<p>Electrolytes L-carnitine GLA 130 Evening P GSF L-Histadine HPA drops Isophos Lacto S + Magnesium Melatonin Molybedenum MSPD NeproTec I & II</p>	<p>NAET Nucleotide Cellular Regeneration & Repair Scenar bowling bowl Skin tabs Sonicare Thermagram Walk</p>
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